

Anne Wallace Justus, Ph.D.

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Citizenship: USA

Education

- 2007 Ph.D. in Clinical Psychology (APA Accredited), University of Rochester, Rochester, NY
Dissertation: *Psychopathology in Music and Non-Music Majors as Measured by the Personality Assessment Inventory*
- 2005 M.A. in Clinical Psychology (APA Accredited), University of Rochester, Rochester, NY
- 1999 B.A. in Psychology, Sociology Minor, Tulane University, New Orleans, LA

Current Positions

- 11/2016 – present **Director (1/18 – present), Senior Clinical Psychologist, Clinical Supervisor, and Consultant Psychologist**
The Behman Psychiatric Hospital (Maadi Psychology Center branches), Cairo, Egypt
<http://maadipsychologycenter.com/>
<http://www.behman.com>

Provide adult and adolescent individual, couples, and group psychotherapy, assessments, and clinical supervision to therapists in the region in a private psychology practice. Orientations include Psychodynamic Therapy, Dialectical Behavior Therapy, Cognitive Behavior Therapy, and Eye Movement Desensitization and Reprocessing. Subspecialties include ADHD, neuropsychology, sexuality, anxiety and depression, treating expatriates experiencing difficulty living abroad, treating artists/performers, treating eating disorders of all types, as well as treating personality disorders, mood disorders, and individuals with a history of trauma. The Behman Hospital is the oldest, largest, and most respected psychiatric hospital in the Middle East. I am a Consultant Psychologist for The Behman Hospital and work as the Director, Senior Clinical Psychologist, and Clinical Supervisor in their satellite branch located in a suburban areas of Cairo called Maadi, New Cairo, and online. I work in a clinical setting roughly 45 hours per week. A portion of my practice is dedicated to providing pro-bono psychotherapy to survivors of sexual torture and related trauma. These individuals are generally refugees from Palestine, Sudan, Libya, Ethiopia, and Syria.

- 2/2025 – present **Artificial Intelligence (AI) Conversation Psychology Supervisor and Consultant**
Yellow Dot; London, UK
<https://yellowdot.ai/solution/>

Supervise and aid in development of Yellow Dot's artificial intelligence (AI) coaching application called Mai. Review transcripts and provide feedback to coders to adjust AI's ability to be more psychologically sensitive and accurate for business coaching. Review all users' transcripts to look for "red flags" in written content indicating the user needs to speak with a live mental health professional, not AI. Aid in development of AI

coding to automatically detect these “red flags.” Develop and procure funding and client relationships as we continue to refine and expand the application’s uses. The application is currently being used in English and Portuguese.

Current Media Exposure

Abdelkader, N. (October 31, 2022). Dealing with Mental Illness in Egypt. Cairo 360 Magazine.

<https://www.cairo360.com/article/health-fitness/dealing-with-mental-illness-in-egypt/>

Osman, D. (October, 22, 2022). Mental Health Awareness Day: How Egyptian Celebrities are creating Healthy “Gossip” on Mental Health in Cairo. Cairo Gossip Magazine.

<https://cairogossip.com/the-gossip/mental-health-awareness-day-how-egyptian-celebrities-are-creating-healthy-gossip-on-mental-health-in-cairo/>

Mustafa, N. (August 18, 2020). Transitioning Back to Office Life: with Dr. Anne Justus. Flair Magazine.

<https://flair-magazine.com/transitioning-back-to-office-life/>

Clark, L. (June 8, 2020). Mental Time for Wellness Minds! Dr. Anne Justus. An Interview with Egypt-Based, American Clinical Psychologist, Dr. Anne Justus, and the Current Impact of COVID-19 on Mental Health among Local and Expat Communities in Cairo! Thrive Global.

<https://community.thriveglobal.com/mental-time-for-wellness-minds-dr-anne-justus/>

Ghon, N. (April 29, 2020). The rise of the Grand Unified Conspiracy Theories in the Age of Coronavirus.

Egyptian Streets. <https://egyptianstreets.com/2020/04/29/the-rise-of-the-grand-unifying-conspiracy-theories-in-the-age-of-coronavirus/>

Clark, L. (August 10, 2019). Beautiful Minds In Healthy Souls! How Dr. Anne Justus, Senior Clinical Psychologist at Maadi Psychological Center, Is Spraying Beauty To Mental Well-Being in Cairo, Egypt!.

https://thriveglobal.com/stories/beautiful-minds-in-healthy-souls/?fbclid=IwAR1U8dyegGouA9sVQSpz5ICP6aRAT0A24vO4P65j_KjfqMsEA9t2otVzF5w

Eric, V. (July 10, 2019). Dr. Anne Justus: The Sad Truth about Confidentiality in Therapy in Egypt. EMPWR magazine.

<https://empower-mag.com/dr-anne-justus-the-sad-truth-about-confidentiality-in-therapy-in-egypt/>

Amin, O. (April 9, 2019). Anne Justus: The American Clinical Psychologist Who Fell in Love with Egypt | 925 |

The first online magazine of its kind in Egypt. <https://925egypt.com/2019/04/09/anne-justus-the-american-clinical-psychologist-who-fell-in-love-with-egypt/>

Justus, A. (March 21, 2019). As Told by Dr. Anne Justus: Mommy Guilt for Mother’s Day | 925 | The first online magazine of its kind in Egypt. Retrieved 5 September 2019, from

<https://925egypt.com/2019/03/21/as-told-by-dr-anne-justus-mommy-guilt-for-mothers-day/>

Amin, O. (March 7, 2019). Psychologist Anne Justus on Toxic Masculinity in the Workplace and Striking a Work-Life Balance | 925 | The first online magazine of its kind in Egypt.

<https://925egypt.com/2019/03/07/psychologist-anne-justice-on-toxic-masculinity-in-the-workplace-and-striking-a-work-life-balance/>

Yasser, N. (Interviewee, Psychological expert) (2019). #INSTADEPRESSION - eniGma Magazine.
<https://www.enigma-mag.com/instadepression/>

Ongoing Consultancies

1/2017-present **Psychological Consultant**
Building Blocks Therapy Centre; London, England, Cairo, Egypt
<http://buildingblockstherapycentre.co.uk/>

Psychological Consultant on all client matters involving relationship difficulties, and consultant and author of future children's books for children with learning challenges.

11/2016- present **Psychological Consultant**
Matter Branding; Cairo, Egypt
<http://www.matterbranding.com/>

Psychological Consultant on product marketing and branding for leading branding agency in the Middle East.

8/2009 – present **Evaluator of Award/Grant Applications, Psychology**
Binational Fulbright Commission in Egypt, Cairo, Egypt

Rate and evaluate Egyptian Fulbright applications related to psychology, interview candidates, and make recommendations to the Binational Fulbright Commission.

Previous Clinical Experience (Clinical supervision listed separately)

4/2009 – 11/2016 **Clinical Psychologist/Psychotherapist**
Private Practice, Cairo, Egypt

Provide adult and adolescent individual and group psychotherapy. Orientations include Psychodynamic Therapy, Dialectical Behavior Therapy, and Cognitive Behavior Therapy. Subspecialties include ADHD, neuropsychology, sexuality, anxiety and depression, treating expatriates experiencing difficulty living abroad, treating artists/performers, treating eating disorders of all types, and treating personality disorders.

2/2008 – 1/2011 **Clinical Supervisor and Consultant for Crises**
Africa and Middle East Refugee Assistance (AMERA), Cairo, Egypt

Provide crisis clinical individual and group supervision for 35-45 clinical counselors, human rights' attorneys, and translators/interpreters with varying levels of training working with a high-risk refugee population.

8/2006 – 5/2007 **Post-Doctoral Fellow in College Mental Health**
University Counseling Center, University of Rochester, Rochester, NY

Conduct individual, couples, and group, time-limited psychodynamic and insight-oriented therapy with a diverse population of college undergraduate and graduate students with a wide variety of mental health issues. Other clinical responsibilities include leading psychotherapy groups, on-call crisis coverage and intervention on a rotational basis, ADHD evaluations, and supervision of practicum, post-practicum, and doctoral level counseling and clinical psychology students. Groups co-facilitated include process oriented graduate student group, process oriented undergraduate student group, Cognitive Behavioral Therapy (CBT) for Depression, and all modules of Dialectical Behavior Therapy (DBT). Also co-facilitate tri-annual full-day intensive process group therapy retreats.

Other duties include administrative evaluations for students requesting or returning from a medical leave of absence, teaching a Clinical Issues Seminar to clinical psychology graduate students, tracking the use of agency services provided to the university's music school, as well as completing intake reports, progress notes, psychopharmacology referrals, treatment plans, and termination summaries. Work with Counseling Center staff, hospital staff, university Residential Life staff, and representatives from the Academic Dean's Office for team treatment of students requiring psychiatric hospitalization. Work closely with student health services office (University Health Services) and health promotion office to deliver an integrated service to student population.

8/2004 – 5/2006 **Clinical Psychology Pre-doctoral Internship in College Mental Health**
APA accredited, 2-year, part-time
University Counseling Center, University of Rochester, Rochester, NY

Conducted individual, couples, and group, time-limited psychodynamic and insight-oriented therapy. Completed a twelve week minor rotation through Strong Memorial Hospital's Psychiatric Emergency Department. Clinical responsibilities included leading psychotherapy groups, on-call crisis coverage and intervention on a rotational basis, ADHD evaluations, and supervision of practicum and post-practicum doctoral level counseling and clinical psychology students. Groups co-facilitated include process oriented graduate student group, ADHD skills group, and all modules of DBT. Also co-facilitated tri-annual full-day intensive process group therapy retreats.

5/2002 – 5/2004 **Post-Practicum Professional-in-Training**
University Counseling Center, University of Rochester, Rochester, NY

Conducted individual, and group, time-limited psychodynamic and insight-oriented therapy.

1/2002 – 5/2002 **Group Leader/Facilitator**
Well-being Project for Adolescent Girls, Department of Clinical and Social Psychology, University of Rochester, Rochester, NY

Facilitated discussion with a group of high school women regarding: peer relations, parent relations, romantic relationships, body image, multicultural concerns, and phase of life concerns.

9/2001 – 5/2002 **Practicum Student**
Counseling and Mental Health Services, University of Rochester, Rochester, NY

Conducted individual time-limited psychodynamic and insight-oriented therapy.

1/2001 – 5/2001 **Group Leader/Facilitator**
The Family Conflict Intervention Program, Department of Clinical and Social Psychology, University of Rochester, Rochester, NY

Facilitated discussion and helped children label and express their feelings surrounding marital conflict they observed in their homes.

8/1998 – 12/1998 **Counseling Tutor**
New Orleans Public School System, New Orleans, LA

Facilitated individual and group discussions twice weekly for the Outreach Educational and Socialization Program for under-privileged children with emotional and behavioral disorders in the New Orleans Public School System. Focused discussion topics included peer relations, classroom behavior, learning challenges, learning disabilities, racial discrimination, economical discrimination, classicism, as well as physical and emotional safety.

5/1997 – 8/1997 **Internship**
Eating Disorders and Drug Rehabilitation Unit, Strong Memorial Hospital, Rochester, NY

Observed group therapy sessions three days per week for day-treatment clients struggling with Anorexia Nervosa, Bulimia Nervosa, and Binge Eating Disorder. Helped clients develop daily schedules based on recommendations from unit therapists and nurses. Observed group therapy sessions two days per week for day-treatment clients struggling with drug and alcohol addictions in a step-wise oriented program. Helped clients develop daily schedules based on relapse prevention recommendations from unit specialists.

Previous Clinical Supervision Experience

1/2016 – 7/2017 **Psychology Training Clinic Coordinator**
American University in Cairo (AUC), Cairo, Egypt

Responsible for directing the daily and long-term goal operations of the training clinic. Supervise all Counseling Psychology MA Internship cases now totaling approximately 1800 hours of direct client contact annually (approximately 225 clients annually). Responsible for maintaining HIPPA compliance, records, regular assessments, risk management, training related staff and faculty, and liaison with other health care providers and administration on campus. Responsible for on-call crisis intervention.

I started the Psychology Unit Training Clinic singlehandedly in March 2011 in response to need for psychotherapy services following the Egyptian Revolution which started in January 2011 with the approval of former Dean Bruce Ferguson. I have independently continued to develop the clinic since that time. The clinic provides free services to all AUC students, faculty, staff, and AUC alumni. Since its inception it has grown exponentially. We currently have 9 training counselors offering individual, group (including DBT), couples therapy, and outreach to the community. I have consistently supervised the MA Practicum and Internship students who see clients in the clinic and have been the primary on-call faculty Psychologist for the clinic. The clinic works with the Student Counseling Center on campus, which is a separate body with a separate mandate. Since the clinic started in 2011 I have supervised approximately 6,000 hours of direct client contact. Development and management of the clinic has all been done on my own time without compensation or adjustment to my teaching load.

1/2008 – 2/2010 **Clinical Psychology Supervisor and Consultant**
Africa and Middle East Refugee Assistance (AMERA) NGO, Cairo, Egypt

Provide biweekly clinical individual and group supervision for 35-45 clinical counselors, human rights' attorneys, and translators/interpreters with varying levels of training. These individuals are working with a high-risk refugee population many of whom are torture survivors. Provide training workshops for employees on basic counseling skills.

8/2006 – 5/2007

Clinical and Peer Supervisor

University Counseling Center, University of Rochester, Rochester, NY

Provide clinical supervision for 3 practicum and post-practicum trainees. Participate in peer supervision for process group therapists, CBT group therapists, DBT group therapists, and individual therapists.

8/2005 - 5/2006

Clinical and Peer Supervisor

University Counseling Center, University of Rochester, Rochester, NY

Provided clinical supervision for 1 practicum and 1 post-practicum trainee. Participated in peer supervision for process group therapists, DBT group therapists, and individual therapists.

8/2004 - 5/2005

Clinical and Peer Supervisor

University Counseling Center, University of Rochester, Rochester, NY

Provided clinical supervision for 1 practicum trainee. Participated in peer supervision for process group therapists, DBT group therapists, and individual therapists.

1/2002 – 5/2002

Peer Supervisor

Well-being Project for Adolescent Girls, Department of Clinical and Social Psychology, University of Rochester, Rochester, NY

Participated in peer supervision for project group therapists.

1/2001 – 5/2001

Peer Supervisor

The Family Conflict Intervention Program, Department of Clinical and Social Psychology, University of Rochester, Rochester, NY

Participated in peer supervision for project group therapists.

Previous Teaching Experience

9/2007 – 5/2018

Associate Professor of Professional Practice, Psychology (9/2007 – 5/2018)

Promoted from Assistant Professor to Associate Professor of Practice in 2011

Unit Head, Psychology (1/2010 – 8/2011; 7/2014 – 7/2016)

Chair, Department of Sociology, Anthropology, Psychology, Egyptology (9/2012-5/2013)

American University in Cairo (AUC), Cairo, Egypt

Teach an average of three undergraduate and graduate courses per semester, develop curricula and design new courses, continue to learn and employ advanced technology in the classroom – including virtual classroom technology, contribute to development of AUC Master of Arts in Psychology degree programs, advise undergraduate and graduate students, sit on Master's degree committees, chair and participate in new faculty search committees, develop and provide outreach programs and services to university committees, manage and

complete administrative work for the department. This includes long range curriculum planning, hiring and contract renewal, and communicating with the Chair, Dean, and Provost.

Abnormal Psychology, undergraduate, 13 terms

American University in Cairo, Cairo, Egypt:

Spring 2008, Spring 2009, Spring 2010, Fall 2011, Summer 2012, Winter 2014,
Summer 2014, Summer 2015, Winter 2016

Office of Special Programs, University of Rochester, Rochester, NY:

Summer 2005, Spring 2005, Summer 2004

Department of Clinical and Social Psychology, University of Rochester, Rochester, NY:

Summer 2004

Advanced Human Growth and Development, graduate, 4 terms

American University in Cairo, Cairo, Egypt:

Winter 2010, Winter 2011, Spring 2014, Spring 2016

Biopsychology, undergraduate, 3 terms

American University in Cairo, Cairo, Egypt:

Fall 2008, Spring 2009, Fall 2009

Clinical Psychology, undergraduate, 9 terms

American University in Cairo, Cairo, Egypt:

Fall 2008, Fall 2009, Summer 2013, Fall 2016, Fall 2017

Office of Special Programs, University of Rochester, Rochester, NY:

Spring 2005, Summer 2004, Summer 2003, Summer 2002

Cognitive Psychology, undergraduate, 2 terms

American University in Cairo, Cairo, Egypt:

Fall 2007, Winter 2009

Community and Group Interventions, graduate, 5 terms

American University in Cairo, Cairo, Egypt:

Fall 2010, Fall 2011, Fall 2012, Fall 2013, Fall 2014

Couples Counseling & Human Sexuality, graduate, 7 terms

American University in Cairo, Cairo, Egypt:

Summer 2010, Summer 2011, Spring 2013, Spring 2014, Spring 2015, Spring 2016,
Spring 2017

Ethics and Professional Issues, graduate, 1 term

American University in Cairo, Cairo, Egypt:

Winter 2012

History and Systems of Psychology, undergraduate, 1 term

American University in Cairo, Cairo, Egypt:

Spring 2008

Internship in Counseling Psychology, graduate, 11 terms

American University in Cairo, Cairo, Egypt:

Fall 2010, Spring 2011, Fall 2011, Spring 2012, Fall 2012, Fall 2014, Spring 2015,
Spring 2016, Fall 2016, Spring 2017, Fall 2017

Individual Independent Studies Supervised, undergraduate, 12

American University in Cairo, Cairo, Egypt:
Varying topics

Industrial and Organizational Psychology, undergraduate, 1 term

Department of Clinical and Social Psychology, University of Rochester, Rochester, NY:
Fall 2003

Introduction to Psychology, undergraduate, 19 terms

American University in Cairo, Cairo, Egypt:

Fall 2007, Spring 2008, Fall 2008, Spring 2009, Fall 2009, Spring 2010, Fall 2010,
Spring 2011, Fall 2011, Spring 2012, Winter 2013, Fall 2013 (2 sections), Summer
2014, Summer 2017, Fall 2017

Department of Clinical and Social Psychology, University of Rochester, Rochester, NY:
Summer 2004, Summer 2002, Summer 2001

Positive Psychology, undergraduate, 1 term

American University in Cairo, Cairo, Egypt:
Fall 2010

Practicum: Counseling Psychology, graduate, 4 terms

American University in Cairo, Cairo, Egypt:

Summer 2010, Summer 2011, Summer 2012, Fall 2016

Psychological Assessment, graduate, 1 term

American University in Cairo, Cairo, Egypt:
Spring 2015

Psychology of Love and Attraction, undergraduate, 3 terms

American University in Cairo, Cairo, Egypt:

Summer 2008, Summer 2009, Spring 2017 (revamped course)

Psychology of Personality, undergraduate, 4 terms

American University in Cairo, Cairo, Egypt:

Summer 2008, Summer 2009, Spring 2014

Department of Clinical and Social Psychology, University of Rochester, Rochester, NY:
Summer 2004

Social and Media Portrayals of Neuropsychological Disorders, Created Teaching Film

*Department of Cognitive and Behavioral Neurology, University of Rochester Medical
School, Rochester, NY:*

Summer 2000

Compiled film clips illustrating popular cultural media portrayals of neuropsychological
and neurological disorders (OCD, Tourette's Syndrome, ADHD) for use as a teaching
aide to sensitize medical students to the stigmas their patients with these disorders face
on a daily basis; this film was used in Fall, 2000 and Fall, 2001.

Social Psychology, undergraduate, 2 terms

American University in Cairo, Cairo, Egypt:
Fall 2007, Spring 2008

Certifications

EMDR (Eye Movement Desensitization and Reprocessing) Certified Therapist

The Eye Movement Desensitization and Reprocessing International Association (EMDRIA, USA)

Safe Zone Train-the-Trainer Certification

The Gay Alliance (New York), 10/2013

Certified Hypnotherapist

The American Board of Hypnotherapy, 1/2009

Trainings Designed and Delivered

Dialectical Behavioral Therapy Intensive Weekend Review Workshop for Counseling Psychology MA Students

American University in Cairo, Cairo, Egypt; 2/2017

DSM 5 (Diagnostic and Statistical Manual of Mental Disorders, 5th ed.) Intensive Weekend Review Workshop for Counseling Psychology MA Students

American University in Cairo, Cairo, Egypt; 9/2016

Basic Counseling Skills: Doing Psychotherapy with Refugees and Forced Migrants, 2 Day Training

Africa and Middle East Refugee Assistance, Cairo, Egypt; 10/2009

Dialectical Behavioral Therapy, 2 Part Seminar Series for Senior Psychologists and Psychiatrists

Student Counseling Center, American University in Cairo, Cairo, Egypt; 10/2007

Invited Lectures

Applying the Ethics of Science and Psychology to Arbitration Law

International Chamber of Commerce; Young Arbitrators Forum; Cairo, Egypt; 12/2014

Archetypes –the Psychology of Branding

Matter Branding International, Cairo, Egypt; 1/2017

Clinical Presentation and Treatment of Neuropsychological Disorders

Clinical and Social Psychology, University of Rochester, Rochester, NY; 6/2002

Office of Special Programs, University of Rochester, Rochester, NY; 7/2000

Clinical Psychology in the USA

Ain Shams University: Institute of Postgraduate Childhood Studies in Cairo, Egypt; 01/2011

Conflict Resolution

Binational Fulbright Commission, Cairo, Egypt, 6/2012

Drug and Alcohol Use and Abuse

American University in Cairo, Cairo, Egypt; 10/2009

Flirting

Heya: The Feminist Initiative; American University in Cairo, Cairo, Egypt; 11/2008

Gender Inequality in Egypt

Heya: The Feminist Initiative; American University in Cairo, Cairo, Egypt; 3/2016

Geographic Isolation of Providers and Resulting Psychological Distress

Ross University Medical School; Dominica, West Indies; 11/2014

Hypnosis

American University in Cairo, Cairo, Egypt; 10/2007, 11/2007, 3/2008, 3/2010

Mental Health and Psychotherapy in Egypt During a Period of Political Crisis

University of Rochester; Rochester, NY 10/2013

Minefield of Educating Psychology Students about LGBTQA Issues While Teaching in an Islamic Country.

East-West Institute; Bali, Indonesia; 5/2014

Music and Emotion

Eastman School of Music, Rochester, NY; 11/2004, 10/2006

Music Performance Anxiety

University of Nevada at Las Vegas, 4/2008

Eastman School of Music, Rochester, NY; 10/2006

Guitar Foundation of America Annual Convention, Oberlin Conservatory of Music, Oberlin College, Oberlin, OH; 10/2005

Neuropsychological Assessment

Clinical and Social Psychology, University of Rochester, Rochester, NY; 10/2003, 2/2005

Professional Development of Interns and Post-docs amidst Ongoing Political Violence in the Middle East and North Africa (MENA) Region

University of Rochester, Rochester, NY; 10/2013

Providing Comprehensive Psychotherapy During and After the Arab Spring

University of Rochester, Rochester, NY; 10/2013

Perspectives on Mental Health: Egypt and the United States

Binational Fulbright Discussion Panel at the American University in Cairo, Cairo, Egypt; 5/2010

Psychiatric Trauma Resulting in Medical Evacuation (MEDIVAC)

Ross University Medical School; Dominica, West Indies; 11/2014

Psychology of Aging, 2 Part Seminar Series

Office of Special Programs, University of Rochester, Rochester, NY; 9/2005

Psychological Ramifications of Medical Trauma

Ross University Medical School; Dominica, West Indies; 11/2014

Psychological Ramification of Being Displaced after a Natural Disaster

Rotary International Disaster Relief Seminar; Cairo, Egypt 5/2014

Psychotherapy in the LGBT community in Egypt: an Examination of Safety

University of Rochester, Rochester, NY; 12/2016

Self Care and Stress Management for Human Rights Attorneys, 1 Day Training

Africa and Middle East Refugee Assistance, Cairo, Egypt; 9/2010

Self Care and Stress Management for Psychosocial Workers, 1 Day Training

Africa and Middle East Refugee Assistance, Cairo, Egypt; 3/2011

Social and Media Portrayals of Neuropsychological Disorders

University of Rochester Medical School, Rochester, NY; 9/2000, 8/2001

Teaching Group Psychotherapy in Egypt

University of Rijeka, Croatia; 5/2016

Conference: Latest Development in Research & Practices in Basic-Higher Education Psychology, Excellence - Creativity – Innovation.

Workplace Stress

Behman Hospital Consultancies, Egypt; 2/2025

Invited Panels

Justus, A. W., "Panel discussion about the documentary "Stigmatized"," Integration of Mental Health Services at Primary Health Care Level in Egypt, Medecins du Monde, Cairo, Egypt. May 15, 2017.

Invited and main panel member for discussion about the Integration of Mental Health Services at Primary Health Care Levels in Egypt and especially regarding the new documentary focused on the region, "Stigmatized."

Justus, A. W., "Sexual Harassment in Egypt, panel member," Roundtable on Sexual Harassment, AUC, Cairo, Egypt. March 13, 2017.

I was on a panel with another psychologist (Dr. Hani Henry) and a sociologist (Dr. Helen Rizzo) discussing the psychological impact of sexual harassment on women in Egypt. The roundtable was picked up by media outlets throughout Egypt.

Previous Consultations

8/2022 – 12/2023

President, World Mental Health Day, Egypt, 2022-2023

World Federation for Mental Health, Egypt

<https://wmhdofficial.com/>

Instagram @worldmentalhealthday2022

Lead a team of 10 psychologists, psychiatrists, and mental health ambassadors from the Middle East to raise awareness and destigmatize mental health. The theme for this year is "Make Mental Health and Well-being for all a Global Priority." Develop and run social media for the event. Recruit English and Arabic speaking

celebrities, politicians, and influencers to share their own stories about struggles with mental health via social media. Provide a mental health toolkit in English and Arabic that is appropriate for both trained mental health professionals and also for those with no training.

2/2013 – 12/2016 **Psychological Expert, Point-Person**
The Australian Embassy
Cairo, Egypt

I served as their point-person for any psychological difficulty that occurs in their embassy or with their constituents.

2/2013 – 1/2015 **Psychological Expert**
AMIDEAST
Cairo, Egypt

Provide psychological resources and information for study abroad students and the agency regarding acculturation and culture shock.

6/2011 – 8/2014 **Psychological Expert, Children with Special Needs, Consultant**
Special Education for Advancement
Global Trade Matters think tank, Cairo, Egypt

Design and implement psychological services and assessments for children, and families of children, with special needs including ADHD, Down's Syndrome, Autism Spectrum Disorders, Speech Pathology, etc.

10/2010 – 3/2011 **Psychological Expert, Consultant**
Radio Cairo 95.4FM, Program Title: Talk & Tunes, Cairo, Egypt
October - December 2010

Co-host an hour long call-in radio show that is broadcast throughout the Middle East. Listeners call-in and ask me psychological queries based on weekly/monthly themes. Topics cover a wide variety of psychological and relationship issues.

8/2004 – 5/2007 **Consultant and Liaison to University of Rochester Community**
University Counseling Center, University of Rochester, Rochester, NY
Average 10 hours per month of outreach to university community

Organize and conduct outreach to the University of Rochester community several times per month. Meet and consult regularly with listed university departments and organizations. Conduct university outreach addressing topics such as academic concerns, ADHD, anxiety, GLBT concerns, SAFE ZONE training, crisis intervention, depression, Seasonal Affective Disorder, diversity and multicultural issues, dream analysis and sleep, general agency information and available services, group therapy, hypnosis, motivation, food and emotions, sexual health, Stages of Change model, self-care, music performance anxiety, psychosis, quality of client care, resident assistant training for Residential Life office, stress management, psychological preparation regarding culture shock and acclimation for students studying abroad, and substance use.

Research Experience

5/2004 – 6/2005 **Study Coordinator:** Mood and Motor Fluctuations in Parkinson's
*Cognitive and Behavioral Neurology, University of Rochester Medical Center,
Rochester, NY*

Developed and executed psychological battery to measure Parkinsonian patients' mood fluctuations. Study examined mood and motor fluctuations in Parkinson's disease as a function of dopamine levels. Contributed to development of study protocol, consent forms, and managed Research Subject Review Board study authorization process. Recruited, screened, and consented study participants. Completed 100+ Structured Clinical Interviews – DSM (SCID) and home visits. Completed phlebotomy training, and drew and processed blood samples for genetic testing.

5/2004 – 6/2005 **Research Assistant:** ADHD Behavior Modification
*Cognitive and Behavioral Neurology, University of Rochester Medical Center,
Rochester, NY*

Trained elementary school teachers to create behavior modification interventions for students with ADHD. Research focused on treatment of ADHD in young children using pharmaceuticals and behavior modification.

9/2000 – 5/2004 **Research Assistant:** Parkinson's Disease, ADHD, HIV Dementia
*Cognitive and Behavioral Neurology, University of Rochester Medical Center,
Rochester, NY*

Developed and executed psychological battery to measure mood in Parkinsonian patients. Administered neuropsychological batteries to neurological patients with ADHD, and HIV dementia. Administered intelligence measures to children with ADHD. Assessed depression in children using subjective and objective measures. Recruited and screened study participants. Coordinated research study visits and administrative efforts. Trained teachers on behavioral modification interventions for children with behavioral problems. Developed and implemented a system to evaluate demented patients' ability to consent.

9/2002 – 12/2002 **Research Assistant:** Verification of Techniques for Assessing Neurodevelopment in Children
*Strong Center for Developmental Disabilities, Strong Children's Hospital,
Rochester, NY*

Administered intelligence tests and sensory motor exams. Measured and placed Electroencephalography (EEG) electrodes on participants. Research focused on evaluating the validity and reliability of tests and assessments measuring cognition, learning, audiological processing, visual acuity, problem solving, attention, and motor coordination in children.

5/1999 – 8/2000 **Year-Out Fellowship**
*Movement and Inherited Neurological Disorders, University of Rochester Medical
Center, Rochester, NY*

Designed research studies (wrote protocols, consents, recruitment strategies, marketing, worked with Research Subjects Review Board), recruited and consented participants, collected data, administered neuropsychological assessments, created data base, analyzed data, and wrote manuscripts. Research focused on cognitive dysfunction in Parkinson's disease, Alzheimer's disease, Dementia with Lewy Bodies, Tourette's Syndrome, ADHD, Huntington's disease, and HIV dementia.

5/1998 – 8/1998 **Internship**

Movement and Inherited Neurological Disorders, University of Rochester Medical Center, Rochester, NY

Collected data, conducted preliminary research for upcoming studies, and input data for analysis. Research focused on cognitive dysfunction in Parkinson's disease.

9/1996 – 12/1997

Research Assistant

Industrial and Organizational Psychology, Department of Psychology, Tulane University, New Orleans, LA

Researched and created data base of empirical research focused on creating more productive work environments. Expanded department's Industrial and Organizational Psychology literature collection.

Publications and Presentations

Journal articles, academic

Justus, A.W. (2012, Summer). Challenges of Conducting Clinical Supervision with Mental Health Workers Assisting Refugees in Egypt. *Psychological Sciences and Behaviors*, 40, 62-65.

Richard, I.H., Frank, S., McDermott, M.P., Wang, H., Justus, A.W., LaDonna, K.A., & Kurlan, R. (2004, December). The ups and downs of Parkinson's disease: A prospective study of mood and anxiety fluctuations. *Cognitive and Behavioral Neurology*, 17(4), 201-7.

Richard, I.H., Justus, A.W., Greig, N., Marshall, F., & Kurlan, R. (2002, November/December). Worsening of motor function and mood in a patient with PD after pharmacologic challenge with oral rivastigmine. *Clinical Neuropharmacology*, 25(6), 296-299.

*Richard, I.H., Justus, A.W., & Kurlan, R. (2001, Winter). Relationship between mood and motor fluctuations in Parkinson's disease. *Journal of Neuropsychiatry & Clinical Neurosciences*, 13(1), 35-41.

*Selected for *The American Journal of Psychiatry's Subspecialty Collection: Neuropsychiatric Disorders*

Published Posters & Poster Presentations, academic

Amer, M. M., Charles, L. L., Henry, H., Justus, A., Simons-Rudolph, J., & Settlege, B. (2010, August). New directions for family practitioner training in the Middle East. Poster presented at the 118th annual convention of the American Psychological Association, San Diego, California.

Justus, A., Henry, H., Amer, M., Simons-Rudolph, J., & Charles, L. (2010, Spring). Development of an international counseling and community Psychology (ICCP) graduate program in Cairo, Egypt. *XVIII World International Family Therapy Association (IFTA) Congress, Buenos Aires, Argentina*.

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Justus, A.W. (Interviewee, Psychological expert). (December, 19 2013). *Help Us Give Smiles charity radio fundraiser. Funds plastic surgeons from the US to travel to developing countries to provide medical care. Discussed psychological impact of physical deformities on children's development.* [Radio broadcast, & Streaming online]. USA: ClearChannel Communications.

Justus, A.W. (Interviewee, Psychological expert). (December, 17 2013). *Article title: Solving the Riddle; Topic: Rising Violence in Egypt's Universities. Al Ahram Weekly. Egypt.*

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Justus, A.W. (2008, August). Shocking Truths in Egypt: Modern Sexuality in Egypt. *Identity*, 14-20.

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Additional examples of impact in the profession

Published articles in which I was quoted, featured, or mentioned

1. Professor at the American University: Facing Harassment Law failed in Egypt [Google translation, original text in Arabic] March 13, 2017

Youm7

<https://m.youm7.com/story/2017/3/13/3141929/مصر-فى-فشل-التحرش-مواجهة-قانون-الأمريكية-بالجامعة-الأمریکیة-قانون-مواجهة-التحرش-فشل-فى-مصر>

2. American University: 99% of Egyptian women have been subjected to harassment and the more religious has increased in the increased rate of sexual harassment society .. a professor lecture America: had been harassed while I came to a seminar [Google translation, original text in Arabic]

March 14, 2017

<http://www.soutalomma.com/Article/521877/%D8%A7%D9%84%D8%AC%D8%A7%D9%85%D8%B9%D8%A9-%D8%A7%D9%84%D8%A3%D9%85%D8%B1%D9%8A%D9%83%D9%8A%D8%A9-99-%D9%85%D9%86-%D8%A7%D9%84%D9%85%D8%B5%D8%B1%D9%8A%D8%A7%D8%AA-%D8%AA%D8%B9%D8%B1%D8%B6%D9%86-%D9%84%D9%84%D8%AA%D8%AD%D8%B1%D8%B4-%D9%88%D9%83%D9%84%D9%85%D8%A7-%D8%B2%D8%A7%D8%AF-%D8%A7%D9%84%D8%AA%D8%AF%D9%8A%D9%86>

3. American University Professors Discuss Sexual Harassment in Egypt [Google translation, original text in Arabic]

March 15, 2017

<https://m.alwafd.org/أخبار-وتقارير/1476425-أساتذة-الجامعة-الأمريكية-يناقشون-التحرش-الجنسي-فى-مصر>

4. Psychology professors warn of «religious interpretations wrong» and its impact on increased sexual harassment

March 14, 2017

<https://cms.shorouknews.com/mobile/news/view.aspx?cdate=14032017&id=6f6ceb26-827a-4cf7-9c1a-bdd58cbc1ef2> [Google translation, original text in Arabic]

5. AT AUC'S MEDIA ROUNDTABLE DISCUSSION: EXPERTS DISCUSSED SEXUAL HARASSMENT IN EGYPT

March 19, 2017

Company News Egypt

<http://www.cnegypt.com/2017/03/at-aucs-media-roundtable-discussion.html>

6. On Being Cairo: Strong, Unapologetic and Gender Neutral Gender Talks Egypt

May 14, 2016

<https://gendertalksegypt.wordpress.com/2016/05/14/on-being-cairo-strong-unapologetic-gender-neutral/#more-13>

Membership in Professional Organizations

2018 – present

Eye Movement Desensitization and Reprocessing International Association (EMDRIA)

2014 – present

Global Psychology Network

2014 – present

International Society for Coaching Psychology

2004 – present

American Group Psychotherapy Association (AGPA)

2014 – present

American Association of University Professors (AAUP)

2000 – present

American Psychological Association (APA)

Division 10: Society for the Psychology of Aesthetics, Creativity and the

Arts

Division 12: Society of Clinical Psychology

Division 13: Society of Consulting Psychology (membership started in 2014)

Division 29: Psychotherapy

Division 40: Clinical Neuropsychology

Division 49: Group Psychology and Group Psychotherapy

2000 – 2007

American Psychological Association of Graduate Students (APAGS)

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