

ROBERTO MEZZINA

Curriculum vitae

Informations and main qualifications

Roberto MEZZINA (Bari, Italy, 03.05.1953) obtained his degree *cum laude* in medicine and surgery from Bari University in 1978, and completed his specialisation in psychiatry in the same University in 1982 (*cum laude*). In 1989 he obtained the national admission to consultant psychiatrist within the first 10 in the list.

Since 1978, he contributed to the experience begun by Franco Basaglia in Trieste (an international forerunner for advanced psychiatric practices for many years and the inspirer of the Italian Mental Health Reform Law, 1978), with the deinstitutionalization of the local psychiatric hospital and the subsequent development of alternative Community Services.

He worked in the Trieste MH Services from September 1979 to September 2019 (retirement).

He became Director of the CMH Centre of Barcola, Trieste in 1998.

He became Deputy Director of the Department of Mental Health in Trieste, Italy from 2007 to 2012, and then **Director of Dept.** till 2019 (retirement).

From 2009 to 2019 he was the **Head of the WHO Collaborating Centre for Research and Training** at the Department of Mental Health, Trieste, which aimed to support the deinstitutionalization and development of community-based services worldwide and in his position he provided technical advice and consultation also to National Governments for reform policies (UK, Denmark, Czech Republic, Australia, New Zealand, Poland, Serbia, France, Palestine among others).

He also co-founder (2001) of the **International Mental Health Collaborating Network**, of whom he is currently the Chair.

In 2019 he has been nominated as **Regional Vice President of the World Federation for Mental Health** (for the Region Europe); in 2021 **Vice President for Programme Development**, member of the Executive Committee of the Federation; in 2023, again **Vice President for Europe**.

He has been invited as teacher, keynote speaker and expert in hundreds of conferences and courses held by Scientific Institutes, Universities, Mental Health Services in Italy, Europe and overseas (eg. USA, Canada, Australia, New Zealand, India, Sri Lanka, Malaysia, Palestine, Iran, Brazil, Argentina, Chile, Japan, Korea).

He worked as doctor and vaccinator in the vaccination campaign, February-May 2021.

He speaks fluent English and has good informatic skills and competences.

Prizes and recognitions

He was prized for the Trieste experience as Innovative Practice for “Independent living and participation to the community”, as regards to article 19 of CRPD by Zero Project at UN in Vienna, 19 February 2015.

On 25 November 2016 he was prized, as Director of Trieste MH Dept., with the Premio “San Giusto d’Oro” by the Press and the Mayor of Trieste.

He was prized as European Personality of the Year Award by Gamian Europe in 2017.

He invited expert at the National Bioethics Committee at the Presidency of the Council of Ministers. National Bioethics Committee. "Principles and bioethical problems in the care of people with psychiatric problems", hearing of 25 February 2016.

At Ministero della Salute in Rome dr Mezzina was invited as a witness to celebrate the 40th Anniversary of the National Health Service, on 12 December 2018, with the President of Republic, the Prime Minister and the Minister of Health. The event was entitled "40 anni di Servizio Sanitario Nazionale 1978-2018. La sfida continua".

WHO collaborator and consultant

He has contributed as advisor to develop the **QualityRights** Traing Packages (2017) and the Guidance on Good practice services (2021).

He has been nominated (May 2020) in the WHO Advisory Group for the new **World Mental Health Report - Transforming Mental Health for All** (July 2022), which he contributed to.

In March 2021, he has been nominated as member of the **WHO European TAG on Mental Health Impacts of Covid-19**, where he was session coordinator of the meeting in Athens, July 2021, and then of the **WHO Euro Coalition**, invited for the meeting on Ankara, Turkey (23-24 November 2022), as moderator for the WP on Deinstitutionalization and community mental health

Others

International consultations and collaborations

He has been member of the International Scientific Board of the Czech Republic reform. He held training workshops, in January and February 2022.

He is member of the Scientific Board of the Project of Deinstitutionalization of "Dom Na Krasu", Dutovlje, Slovenia, with the Ministry of Welfare, Republic of Slovenia, and of the Social Care Institution in Crna, 2020-2023. This included a series of webinars as well as meetings on the field, 2021 and 2022. Also training activities, e.g. at the Minister of Health, 10 May 2002, on human rights.

He presented at the meeting on Developing Health System Performance Assessment in Croatia, Scuola Superiore S. Anna di Pisa, 18 January 2022.

He presented at the OECD consultation meeting on MNH reform in Lithuania, February 2022.

He has contributed to the development and evaluation of the Leonardo Project in Poland (2021) and of the new Pilot Project on Community MH Centers, developed adopting the model of Trieste. He presented at the conference in Wroclaw, 24 September 2022.

He was Short Time Consultant for the World Bank (March-June 2023) to deliver a report on Innovations in Community Mental Health.

He is consultant (from December 2023) at the South London and Maudsley Trust for a pilot project of a new model of community services, in agreement with NHS England.

Board member

He is in the Scientific Board of the EAOF, European Assertive Outreach Foundation, from 2011.

In 2020 he has been nominated as member of the Comitato Etico Scientifico of the UNASAM, federation of Italian family association. He has developed in particular 'Proposals and indications of good practice on the appropriate use of medications in treatment pathways', presented at the National Committee for MH at the Ministry of health (8 September 2021).

Member of the Advisory Committee, the Banyan and BALM Academy, India, from 2020

Expert of the WP5 Advisory Groups of the Joint Action ImpleMENTAL, EU Commission, 2022-2024

Advisory Board of Fountain House Training Program 'Partners in Health', NY, 2020

IMHCN

Through the IMHCN, he has nowadays promoted a wide coalition of international organizations for an Action Plan after the Covid-19 Pandemic (2021).

With the IMHCN, he has developed the *International Mental Health Learning, Development and Training School*, with a series of webinars, from 2022 on.

Organized visit to Trieste Los Angeles County Dept of MH and collaboration for the project 'Hollywood 2.0' to develop pilot community based services in the area of Hollywood, September 2022.

Visit to services and conference, consultation for CNTW Foundation Trust, Newcastle, 7-11 November 2022.

WFMH

He has written for the World Mental Health Day Educational Package (for the WFMH) in 2020 and 2021.

Appeal for national emergency plans during covid 19 (2020)

Declaration about the Draft Additional Protocol to the Oviedo Convention (2022).

He has also developed other educational proposals.

Keynote speaker in International events – from the end of 2019 to 2022

Strengthening child and adolescent mental health services and systems. A regional perspective. Under the patronage of HRH Princess Muna Al Hussein. 1st Regional Conference on Mental Health – Jordan, 2-3 October 2019. Mezzina, R. The Italian Mental Health Reform: Theory and practice of the Italian experience.

Interreg Italia-Slovenia. Progetto Salute-Zdravsto. Formazione pratica e teorica dell'equipe transfrontaliera congiunta nell'ambito del progetto salute-zdravsto. Costruzione di un network di servizi sanitari transfrontalieri. Relazione sull'esperienza di Trieste - CC OMS, Gorizia, 10 ottobre 2019.

"Inclusive approaches in mental health". World Congress, World Federation for Mental Health. Buenos Aires, Argentina, November 5-8, 2019. Mezzina R. 1.Deinstitutionalization and whole system change: from Trieste to the world. 2.Epidemiology of Rights and Mental Health Policies.

Royal College of Psychiatrists, Faculty of Rehabilitation & Social Psychiatry Annual Conference. Leeds, UK, 21 November 2019. The Trieste experience: Deinstitutionalization and whole life approach.

Transition to community care. Dutovlje, Dom Na Krasu, European Union. 21 January 2020. Mezzina R. Presentation of a case study of deinstitutionalization in Trieste

Conference 12. Fachtagung Psychiatrie, Berlin, 27 February 2020. Relatore: "The Trieste experience: Deinstitutionalization and whole life approach".

Videoconference. Fiona Stanley Hospital, Perth, WA, 20 March 2020. Mezzina R. Citizenship and care: mental health in Trieste.

He presented in Argentina at the AASM Virtual Congress, 6-19 November 2020.

Webinar: 'Open door, open access, no restraint and whole life approach. From daily practice to forensic issues'. NLSF School Academic Programme, London, 22 January 2021

TheMHS virtual conference, Perth Virtual Conference 2021. Balancing the System 9 – 12 February 2021. Global Mental Health Responses to the Pandemic and Beyond

Maudsley's Challenging Conversations, webinar with Tim Kendall, UK National Director for Mental Health, and Hon. Jeremy Hunt, 12 March 2021

Webinar for the NW London Foundation Trust, 28 April 2021

STAC Conference, Aviles, Asturias, Spain, 22 June 2021

Recovery IPSS, Portugal, 2 July 2021

Webinar for the Universitas Gadjah Mada, Indonesia, 4 August 2021

Jornadas 2021 del Plan Integral del Valle de Jinámar, Gran Canaria, 30-31 Agosto 2021

UK Care Quality Commission, training session, 9 September 2021

Final Conference of the Leonardo Project on CMHCs, Krakow, Poland, 30 September – 2 October,

Speaker at the Global MH Summit, 'Mind our rights, now!', Paris, 5-6 October 2021. Workshop 'What strategies to reduce coercion in psychiatry?

Vermont Program for Quality in Health Care, 15 October 2021. 'Transforming Mental Health Services and Practices - Whole Person, Whole Life-Whole Systems Development'.

Mental Health in an unequal world, AASM Congress, Argentina, 21 October 2021

15th Annual Recovery Conference – Recovery 2021, Thursday 4th November. 'Remembering, Reflecting & Recovering Together', Hertfordshire, UK.

Keynote speaker 'Key principles of Community Mental Health Care world wide in the 2020s: the return of a societal approach and the fight against inequalities'. WAPR World Congress, Abu Dhabi, 9 December 2021 (online).

L.A. Sherif's Dept – Field visit to HOST Team and training on human rights and homelessness, 5-13 April 2022

XVIIIº Congreso AEN, 4 May 2022 'Transiciones: salud mental, comunidad y cambio social.' Mesa Redonda: Modelos de organización y perspectiva comunitaria en salud mental.

Inverness, UK, 27 May 2022, Joshi Project Foundation.

Keynote speaker, WFMH World Congress London, 'Mental Health: A Global Priority', 28 June-1 July 2022.

Discussion on Trieste Clinical Model, Workshop at the SLAM Trust for all Directors, London, 29 June 2022.

AASM Congress 2022, Buenos Aires. Salud Mental, comunidad y ciudadanía, 15 September 2022; Enfoque comunitario en salud mental, 16 September 2022 (2 Mesas Redondas).

Krakow, 29 September – 1 October. Mental Health Centers: evolution or revolution?

Global MH Summit, Roma, 13-14 October 2022. Coordinator of the thematic session on Community Mental Health.

Mental Health Europe: Webinar for the European federation of Psychiatric Trainees, 2 November 2022

MH Commission of Queensland - Leadership MH Forum in Brisbane, 23-24 November 2022 (delivered online presentation).

Italy: conferences and collaborations

'La cura centrata sulla persona: Progetti personalizzati, riabilitazione/recovery e intervento sui determinanti sociali', formazione Università di Verona, 29 gennaio 2021

Riabilitazione psicosociale e servizi di salute mentale. Un approccio globale, "di sistema", alla vita intera per una salute di comunità. Corso Nazionale per fisioterapisti, 17 aprile 2021

'Vicini e lontani. Psichiatria e salute mentale al tempo del Covid'. Psichiatria Democratica, corso FAD, 17-18 giugno 2021.

Per una salute mentale di comunità'- 2^a Conferenza Nazionale promossa dal Ministero della Salute, Roma, 25-26 giugno 2021. Introduzione e coordinamento della sessione: La qualificazione e l'organizzazione dei servizi per una salute mentale di comunità.

Summer School 2021. La salute di chi consuma droghe e la salute mentale organizzata on line dal Forum Droghe, 2-4 settembre 2021 – doppia diagnosi, doppio etichettamento

'Le Terapie psicologiche per l'ansia e la depressione – Nuove forme di integrazione clinica e organizzativa' 26 ottobre 2022 a Venezia, Isola di San Servolo.

X Congresso Nazionale Elettivo SITD. Evento Formativo Residenziale (in Presenza). Clinical Governance e Addiction, 20-22 Ottobre 2022. Intervento su: La comorbidità e suoi determinanti, tra incertezza e complessità, 21 Ottobre.

Research

He was in the Steering Committee of the Research “TOGETHER FOR MENTAL HEALTH: Using visual research methods to understand how health workers, families and healers work together to improve mental health and reduce coercion and restraint in Ghana and Indonesia”, University of Middlesex, King's College and other organizations.

In October 2020 dr Mezzina is also selected by the Ministry of Health, Consiglio Superiore di Sanità, for a national working group of experts for Residential Facilities for Mental Health in Italy, and in June 2021 as main speaker at Conferenza Nazionale Salute Mentale.

Participation to the Diapason Research Group on residential care, Unità di Trieste, 2019

Reviews

-WHO: Comments and revision of WHO legislation draft

-Scottish MH Law Review: interview, 15 nov 2021

MAIN AREAS OF INTEREST (1978-2019)

Leadership and innovation

Over the years it has contributed substantially to the design and implementation of innovative programs of the Trieste DSM, then disseminated nationally and internationally, from those concerning the involvement of users in services, to those of self-help, to those of socio-cultural training, to psychoeducational programs for family members, to crisis intervention programs, to network programs on psychotic onset, to narrative care approaches based on the production of meaning, to innovative residential programs.

He studied and developed the 24-hour CSM model as an integrated service model and a radical alternative to the biological reductionist model of treatment, introducing innovative professionalization and management aspects for the enhancement of human resources.

The CMH Centre he directed (Barcola-Aurisina) represented a community service model constantly visited by Italian and foreign operators, administrators and politicians, and has achieved important results (including the total avoidance of the use of mandatory treatment from June 2003 to August 2006). He has developed in collaboration an operative manual for the 24 hr CMHC.

As Director of Department, he ended up the process of reconversion of all former psychiatric hospital facilities in Trieste toward independent living in 2016; he has opened the first open door forensic unit in Italy in 2015. He also developed a recovery house project (from 2015 on) still operating in the city, with the support of the IMHCN; moreover, he developed an innovative crisis team (2017-2019) bringing together the Italian, British (prof SP Sashidharan), Australian (prof Alan Rosen) and Finnish experience (prof Seikkula's Open Dialogue, that he contributed to introduce in Italy). He promoted the first peer support training course in Italy with ENAIP, and the integration of peers in the Trieste MH services.

Experience and areas of competence

The range of his professional experience and scientific production includes deinstitutionalization, organization and management of community services, crisis intervention, integrated approach to the therapy of psychosis, early detection and intervention on first episode of psychosis, community care, rehabilitation, user involvement, qualitative research on recovery, epidemiology, epistemology, quality assurance and critical forensic psychiatry.

He has carried out expert activities as a Technical Consultant at the Civil and Criminal Court of Trieste.

Deinstitutionalization practice

In 1979, he led a group of staff and volunteers in closing one of the last wards of the Trieste mental hospital, which was closed definitively in 1980 (this experience is described in Klaus Hartung's book "Die neue Kleider der Psychiatrie", Berlin, 1980). He had experience of consulting on the closure of PHs in several countries.

Community mental health practice and clinical work

Appointed as psychiatrist by the Trieste Mental Health Department in 1979, he spent the next 20 years developing community services as a radical alternative to the mental hospital. He has been Director of a comprehensive, 24-hour Community Mental Health Centre, which serves a population of 65,000 and is a sector of the Department of Mental Health of Trieste. He also worked in emergency and crisis care, psychoeducation, rehabilitation, user involvement and community engagement.

Special projects

- Since 1983, he has pioneered a community services intervention practice in the prison of Trieste, under the authority of the Ministry of Justice.
- From 1986 to 1988, he was first secretary of the *Psichiatria Democratica*, professional psychiatric association, for North Eastern Italy.
- In 1995, he re-organised the Emergency Services at the request of the Director of the Mental Health Department.
- He promoted and organised the official collaboration between Trieste and the Birmingham MH Services (UK), 1998-2002.
- He developed extensive training projects with the Azienda Ospedaliera M. Mellini, Chiari (Brescia), 2006-7.
- He organised together with the NIMH England (East Region) a number of exchanges and conferences related to the Whole Life Project (2004-2008)
- He was coordinator for the Trieste Local Health Authority (ASS n. 1) for the twinning collaboration with the SW England Trusts (Devon, Plymouth, Cornwall, from 2008 on) and others (York, Wales, etc).
- He consulted for the Azienda Sanitaria Locale of Venice in 2006-7.
- Leonardo Project on "Empowerment College", 2017-2018.

- Member of the organizational group (2018-2019) on “Science to Science -. Medicine”, European Science Forum, Trieste, 6-10 September 2020

Academic activities

- He was teacher, from 1988 to 1996, in the specialization course in psychiatry of the school for professional nurses "G. Ascoli" of Trieste
- He was teacher-trainer, at the Course "New cognitive strategies for the non-pharmacological treatment of drug-resistant delusions and hallucinations", organized by the Istituto Superiore di Sanità, Rome, 6-8 May 1996; June 19-21, 1997.
- 1st Level Master "Mediation at work for mentally disadvantaged people", University of Studies - L'Aquila, Academic Year 2003-4 and 2004-5.
- 1st Master for young psychiatrists "From theory to clinical practice", Milan 29-31 January 2003. Lecturer January 30, 2003, with SP Sashidharan.
- Master in Communication of Science, SISSA / ISAS (International School for Advanced Studies - International School for Advanced Studies). Thematic session "Mental Health upcoming", Trieste. Speaker: The factors of individual recovery in the Trieste experience, November 17, 2003.
- Teaching "The Mental Health Center as a unitary and central device of the organization of services", 1st Level Master in Mental Health and Community Services. Organization and management of taking charge of local services "(2nd Module" Territory and community. Organization of services and multidimensional taking charge "). 18 h frontal lesson. Academic year 2010-11.
- Teaching "Adolescent and juvenile distress when it takes the form of psychotic onset (SSD MED / 25)". First Level Master in Mental Health and Community Services. Organization and management of taking charge in local services "(5th Module" In-depth analysis of issues transversal to health and mental health "). 10 h frontal lesson. Academic year 2010-11.
- He was a lecturer at the degree course for professional educators at the University of Udine. Matter: social psychiatry, year 2013-4. 2 CFU, 14 h.
- Appointed as Teacher of the School of Specialization in Psychiatry, Council of the School of Specialization, 11.06.2012, for the characterizing courses, n. 18 frontal credits and n. 42 CFU Internship for the 2nd year, n. 4 frontal credits and n. 8 Internship for the 3rd and as many for the 4th year.
- He was a lecturer in the years 2017-18 and 2018-19 in the degree course for Psychiatric and Psychosocial Rehabilitation Technicians, Dept. of Life Sciences, University of Trieste.
- Corso di Perfezionamento “L'ospedale psichiatrico giudiziario. Fondamenti storici, giuridici, culturali. Saperi, indirizzi, organizzazioni per il suo superamento”, 13 marzo-11 aprile 2014. – Università agli Studi di Trieste. Keynote: “La disciplina e la situazione dei manicomi giudiziari in Europa”, 10 April 2014.
- Corso di Alta Qualificazione, Università agli Studi di Trieste. “Oltre le REMS: costruzione di percorsi di salute e di inclusione”, Trieste, 9- 10 March 2018. Keynote: “Il superamento degli Opg come rafforzamento e qualificazione del Dipartimento Salute Mentale”. 4 crediti ECM.

Research

Roberto Mezzina has dedicated much time to a host of wide-ranging research activities in the area of community mental health. For example, in 1987, he carried out an international research on the opinions and attitudes of clinicians and users concerning community care in Italy, Chile and the UK (in collaboration with the University of Birmingham).

In 1996, he has directed a multi-site research on community crisis intervention, as part of the National Project for Mental Health of the Istituto Superiore di Sanità (Ministry of Health). The outcomes have been published on a book in Italian: “Crisi psichiatrica e sistemi sanitari”, 2005.

He was involved in two international research groups on recovery from severe mental disorders with colleagues from USA, Sweden, Norway (IRRG, issued on the AJPR, 2005) and Australia (see the monograph with articles issued by the AJPR, 2005-2006).

He has collaborated with the Mario Negri Institute of Research in Italy for the study on First Cases of Psychosis (from 1994).

He also contributed to the Optimal Treatment of Psychosis Project, run by Dr Ian Falloon (Bonn 1997, Hamburg 1998, Trieste 1998).

He developed innovative and original instruments of evaluation for crisis intervention and recently for the assessment of the social enterprises (SENTER.RATE).

He also contributed to the evaluation of instruments for a research on Social Network in Psychosis, led by Mario Negri Institute in Italy (SIRS, from 2006).

He also collaborated for the development of the questionnaires with the national research “Progres-acuti”, in collaboration with the Istituto Superiore di Sanità, financed by Italian Minister of Health.

In 2007-2009 he was in the Steering Committee of the European Research DEMOBInC, with 11 countries, led by prof Helen Killaspy (UCL), officially financed by EU Public Health fund, attending meeting in London (2007), Trieste, Wroclaw and Prague (2008), Athens (2009), and Brussels (2010). The QuIRC tool “Quality Indicators for Rehabilitative Care” has been developed by the group. The instrument is available and can be operated online.

He has been the scientific coordinator of the research financed by Italian Minister of Health on Job Placement in the Mental Health Departments (PIL_DSM).

He designed and conducted a research on the use of Antipsychotics in the MH Dept. Of Trieste (2007-2010), published.

He has collaborated at the international research on: “Psychiatric outpatient care in the Netherlands which lessons learned from Trieste?” Trimbos Instituut, Utrecht, 2014-2015. The research issued the book by Christien Muusse and Sonja van Rooijen “Freedom First - A study of the experiences with community-based mental healthcare in Trieste, Italy, and its significance for the Netherlands”.

Dr Mezzina was scientific lead of the research, funded by AIFA (Italian Ministerial Agency for Drugs), about the “Appropriate use of the Antidepressants in Primary Care in the Region Friuli-Venezia Giulia, in the framework of training of GPs to mhGAP”. (2017-2019). In course of international publication.

Social communication

He has also contributed to programs on mental health issues produced by Italian National Television (RAI), BBC (“Museums of Madness”, 1992, Trieste “The best place to get sick, 2019), France (Antenne 2), Australia, Norway, etc.

Service Planning

- He has been in charge of the professional training and re-skilling of the Trieste Mental Health Department staff (1985-1992).

- In 1992, the Friuli Venezia Giulia Region appointed him as an expert to draw up guidelines for regional mental health policies.
- Nominated by the Region in the Commission to develop a trilateral planning with Karnten (Austria), Veneto and Slovenja (2006-7).
- He is currently in charge of the Programme Interreg III with Slovenja for the mental health planning (2007).
- In 2007-2009, he also represented the Region to the Committee of Regions who worked for the development of national planning in mental health.
- He is considered as reference expert by Australian members of Parliament (Sen. Lynn Allison, 2006) and by the Minister of Health of the State of Victoria (2008).
- He contributed to service planning in several areas and countries, e.g. the UK, Los Angeles and San Francisco (USA), Iran, Palestine, Albania, Australia, Denmark, etc.
- In the Region Friuli Venezia Giulia, he was part of Gruppo di lavoro regionale salute mentale, 2014; 2016-17, contributing to write the Piano Regionale Salute Mentale Infanzia, Adolescenza e Età Adulta (2018-20), Del. N. 122, 25 Jan. 2018.

WHO advisor

From September 2009 he was designated as responsible and coordinator of the WHO new workplan for the Trieste WHO CC. In the past:

- Since its foundation, he has been a member of the Scientific Board of the Centro Studi sulla Salute Mentale della Regione Friuli-Venezia Giulia - WHO Collaborating Centre.
- He attended the WHO international conference “Changing mental health in the cities of Europe”, Amsterdam, 1991.
- He was the co-ordinator of the WHO Multicentric International Programme "Initiative of Support to People Disabled by Mental Illness"; in particular, as a WHO temporary advisor he attended meetings in Vancouver (1992) Inverness, Scotland (1993), Trieste (1994).
- He attended the WHO Collaborating Centers' meeting in Lille, October 2004.
- He attended the WHO European Ministerial Conference in Helsinki (2005) running a workshop on the activities in innovative practices in CMH.
- He has been keynote speaker at the UK Ministerial Conference, Stansted, 9 November 2005.

For the WHO Collaborating Center for Research and Training in Trieste, the following activities should be reported as temporary consultant and temporary adviser, or as consultant / organizer / referent / speaker:

- First Meeting of the WHO European Collaborating Centers, Copenhagen, 25-27 March 1999.
- Meeting of the WHO Collaborating Centers in Lille, France. 29 - 30 October 2004
- WHO European Ministerial Conference on Mental Health “Facing the Challenges, Building Solutions”. Helsinki, Finland, 12–15 January 2005. Workshop speaker: the way forward.
- Meeting of Lead WHO Collaborating Centers on Mental Health. Trieste, 13 - 14 June 2005. Speaker with G. dell’Acqua.
- Technical support on Mental health services and Welfare Innovations actions in Republic of Serbia. Activation of an exchange network of best practices in the field of innovations in the mental health system and basic welfare and social health services. Mission report, Dr. Mario Reali, Dr. Roberto Mezzina, Belgrade, Serbia, June 21-22, 2009.
- Mission to Palestine as WHO consultant. Review of the Rehabilitation Plan of the Psychiatric Hospital in Bethlehem and meetings in Jerusalem (WHO HQ). November 21-26, 2009.
- Organization of a one-week course in Trieste (7-11 June 2010) for 10 Palestinian operators, aimed at building services and social enterprises. Introductory report (7) and conclusions (11).

As **Head** of the WHO Collaborating Center (since 2009):

- Meeting "Empowerment in Mental Health - working together towards leadership", WHO Regional Office for Europe in partnership with the European Commission. Leuven, 27-28 October 2010. Conductor and workshop speaker with JL Roelandt: Empowered services, 27 October.
- Seminar "Forgotten Europeans - Forgotten Rights", United Nations Human Rights - Office of the High Commissioner. Brussels, 27-28 October 2010. Speaker 28 October: Expert Perspective, WHO CC.
- "Deinstitutionalisation in Psychiatry as a possible resource", Romanian-Italian Symposium, University of Medicine and Pharmacy "Carol Davila", Bucharest, 25-26 November 2010. Speaker with: Deinstitutionalisation in East European countries: the role of WHO Collaborating Center of Trieste in the reform process.
- Organization and management of the International Meeting "Beyond the walls: the transition from hospital to local services. De-institutionalization and international cooperation in Mental Health ", 13 - 16 April 2011. DSM of the ASS n 1 Triestina, Collaborating Center for Research and Training in Mental Health of the World Health Organization (WHO), in collaboration with International Mental Health Collaborating Network (IMHCN), National Mental Health Forum and ConfBasaglia. Speaker April 14: Deinstitutionalisation and development of integrated / comprehensive community mental health services - supporting the forerunners.
- Mission to Iran as WHO Consultant at the invitation of the WHO Country Office in Tehran, for the formulation of an Iranian national action plan on mental health. 26 June-1 July 2011: visits to services, conferences and meetings with the highest Iranian mental health authorities (Ministry of Health and Health Education, MoH & ME and Ministry of Welfare, MoW, academic authorities and the Director of the Collaborating Center of the 'WHO at the University of Tehran).
- Co-direction and management of the 'Franca and Franco Basaglia' International Summer School: first module "Beyond the walls: from opening the doors of psychiatric hospitals to community mental health services". 19-24 September 2011, Department of Mental Health - ASS n.1 Triestina, Collaborating Center for Research and Training in Mental Health of the World Health Organization (WHO), in collaboration with WHO - Mental Health of Geneva and Copenhagen; the International Mental Health Collaborating Network (IMHCN); the Permanent Conference for Mental Health in the World - ConfBasaglia; the Mental Health Forum; the World Association for Psychosocial Rehabilitation (WAPR). Speaker on several days with: The Trieste Declaration and other WHO documents; The basic components of community service models; How contaminate the judicial and forensic psychiatric system.
- Support and planning activities in the de-institutionalization and development paths of integrated mental health services in the community in Romania: 16-19 June 2011, mission to Bucharest, Iasi and Sucheava; 2-6 November 2011, mission on the occasion of the international conference "The multidimensionality of psychiatric care. Models of community-based psychiatric care ", " Socola "Psychiatric Hospital, Iasi. Speaker with: Trieste and Italy: processes of reform and the model of services ", 4 November.
- Technical Cooperation Agreement between the Psychiatric Hospital of Vlore and the WHO Collaborating Center in Trieste. 27-30 September 2011, mission to Vlore and Tirana with visits to mental health services, meetings with operators and management, with the Director of the UNDP Art Gold Program and with the Deputy Minister of Health of Albania.
- Third Meeting of the mhGAP Forum. 10 October 2011, Geneva, WHO Headquarters, as part of the Mental Health GAP Program (mhGAP). Speaker on the activity carried out, in plenary session.
- Course "Cooperating for health - challenges, ideas and tools of international social and health cooperation", Module 3, ASS n. 5 Bassa Friulana, Gorizia 1 December 2011. Speaker: Deinstitutionalization and development of community services in Europe. The experience of the WHO CC of Trieste. n. 2 ECM training credits.
- National Conference "Roadmap for the next steps in deinstitutionalization in mental health service delivery in Bulgaria", Sofia, 7-8 October 2011. Speaker.

- Conferences and Seminars in Prague, NGO ESET-HELP, Bohnice Psychiatric Hospital, February 28-March 3, 2012. Speaker: 29/2 - Model of care about mentally ill people in Trieste, Town Hall, Prague. 1/3 - Presentation at Bohnice Hospital.
- Institutional mission with the President of the FVG Region and the International Relations Office: Meeting with the Delegation of the Autonomous Province of Vojvodina, Novi Sad, March 12-13, 2012, as part of the Eurostart project.
- International meeting "For a development without poverty", KIP International School in collaboration with UNEP, WHO, ILO, UN Women, UNDP and UNOPS. Rome, 11 May 2012. Chamber of Deputies Sala delle Colonne Palazzo Marini.
- Seminars at the University of Sao Paulo - UNESP, Marilia and Assis, Brazil, June 5-6, 2012.
- III Congress Brasileiro de Saúde Mental, Fortaleza, Brazil, 7-9 June 2012. 3 papers in Mesa Redonda: Psychosocial medicalization and biopsychiatrization of the human experience; Mental health and psychiatric reform: international experiences; The clinic in psychosocial attention and its methodological disputes.
- Opening Speech (the only international expert) at the press conference for the launch of the new de-institutionalization policy by the Deputy Minister of Health Zenizek, who also offered to supervise the working group set up at the Ministry. Prague, Ministry of Health, 4 October 2012.
- Mission for the Italian Cooperation (AICS) in Palestine, 2017

IMHCN

He promoted the International Mental Health Collaborating Network (IMHCN) together with other leading experiences in community mental health, in partnership with the WHO Department of Mental Health and Substance Abuse (January 2001, Geneva), who is an International NGO from 2006. Among its founding organisations are also Lille (France), South Stockholm, Cornwall, Cavan & Monaghan (Ireland), Oviedo (Asturias, Spain). He represented Trieste WHO-CC in meetings of the IMHCN (Merano, Italy, 2004; Hrastovec, Slovenja, 2005; Lille, France, 2004; Monaghan, Ireland, 2005; Nice, 2007). He is currently Vice-Director of this NGO.

He has contributed, either in the Region or nationally, to the development of organisations like Psichiatria Democratica (co-founder of the Società Triveneta di Psichiatria Democratica) as well as the Forum for Mental Health.

He has been member of the scientific secretariat for the International Meeting "Trieste 2010: what is mental health?" (9-13 February 2010). He has held relations with members of governments and MP of Argentina, of the State of Minas Gerais in Brazil, Denmark, Sweden, Norway, Czech Republic, Armenia, Serbia and Province of Vojvodina, Romania, Bulgaria, States of Victoria and New South Wales in Australia, Belgium, Ireland, Great Britain, Wales, Scotland, Turkey, Palestine, China, France, etc.

The WHO Collaborating Centre in Trieste

The Centre was based at the Department of mental health, Azienda Sanitaria Universitaria Integrata di Trieste (ASUITS), which has now merged into the ASUGI (Azienda Sanitaria Universitaria Giuliano-Isontina). It was launched in 1987 as a Regional Centre of excellence. In 2005 it has been nominated as Lead Collaborating Centre by WHO for Service development by WHO Euro.

The WHO CC has developed collaborations in about 30 European countries, particularly with pilot experiences of reform in Central-Asian Republics, Turkey, Central and Eastern European countries (Bulgaria, Romania, Czech Republic, Slovenia, Hungary), the Balkan region (Albania, Macedonia, Bosnia, Montenegro, Greece, Serbia, where "The EUROStart Programme of Cooperation" between Region FVG and autonomous Province of Vojvodina identified and supported 4 pilot sites and in connection with OPEN ARMS European Project for D.I. of Social Institutions).

The “Franca and Franco Basaglia International School” every year hosted about 800 people (professionals, managers, administrators, politicians, students, associations, carers, users, volunteers and other stakeholders) from different countries for study visits, training, short- medium and long term stages and seminars. A yearly school meeting / event is organised for about 150 participants from several countries. See www.triestementalhealth.org

International School Franca and Franco Basaglia “The Practice of Freedom”. Meetings and conferences organized by R.M.

1. *Beyond the walls - how to open the doors of psychiatric hospitals towards community based care and services. Focus on Europe and the East*, Trieste, 19-24 September 2011
2. *Services People Need. A Rationale For A Fully Integrated, Person- Centered Mental Health System Of Care*”, Trieste, 22-27 October 2012
3. *Recovery and occupation: users as protagonists of social inclusion. Changing the culture -focusing on real experiences*”, Seminario Internazionale Trieste, 7-8 novembre 2013.
4. *Franco Basaglia’s vision: mental health and complexity of real life. Practice and research / La visione di Franco Basaglia: salute mentale e complessità della vita reale. Pratica e ricerca*, Trieste, 9-12 Dicembre 2014.
5. *A community without seclusion: the challenge of the open door, open discourse, open access in mental health care and services through practices of freedom /Territori senza segregazione - la sfida della porta aperta, del discorso aperto, dell’accesso libero nella salute mentale e nei servizi attraverso pratiche di libertà*, Trieste, 15-18 dicembre 2015.
6. *Think Thank Conference-Crossroads of change. The leading experiences in a Whole Life, Whole Community Approach to Mental Health and Practices*, Trieste, 17-18 ottobre 2016
7. *Working Group - Developing Psychiatric Hospitals in Transition Alliance in Europe*, Trieste 15-16 dicembre 2016
8. *The right [and opportunity] to have a [whole] life*, Trieste, 15-18 novembre 2017.
9. *Democracy and community mental healthcare. Participation, citizenship and reform processes in Italy and in other countries 40 years after law 180. A Conference of stakeholders and organizations for the change / Democrazia e salute mentale di comunita’. Partecipazione, cittadinanza e processi di riforma in Italia e nel mondo a 40 anni dalla legge 180 Conferenza dei soggetti e delle organizzazioni per il cambiamento*”, Trieste 21-23 giugno 2018

Materials and researches are aimed at provide deliverables and documentation such as the book “Beyond the walls – Deinstitutionalisation in European Best Practices”, vol 1, vol. 2 (on ex USSR) and 3 (on Romania), edited by L. Toresini and R. Mezzina, the adapted WHO Manual for Prevention of Suicide in Jail, worked on the QuIRC (Quality Indicator for Rehabilitative Care) as indicated elsewhere. “the Trieste Declaration 2011” together with a theoretical background document, and a related questionnaire, was approved and signed by all the delegates attending the International Meeting “Beyond the walls”, and sent to the European Commission, together with “The Charter of de-institutionalisation actions” that consists of a series of over projects and cooperation measures attached to the Declaration.

The WHO-CC Trieste hosted on 6-7 of November 2012 the Meeting of the European Collaborating Centres for the WHO Mental Health Programme.

There is a strong collaboration with other WHO CCs (Verona, Lille, Lisbon, Switzerland, Stockholm), and other international organizations as WFMH, WARP, CEFEC, The “COPERSAMM - Conferenza Permanente per la Salute Mentale nel Mondo (Permanent Conference for Mental Health Worldwide) – ConfBasaglia”, IMHCN (International Mental Health Collaborating Network), EAOF (European Assertive Outreach Foundation).

He was involved in establishing a network of WHO Collaborating Centres focusing on “community engagement and health system resilience”, 2016.

On November 16-17, 2018 Dr Mezzina participated to the Meeting of European WHO Collaborating Centres working in area of mental health and neurology, held in Madrid.

Specific collaborations with WHO

Both the WHO Action plans 2013-2020 (Global and European) has been translated into Italian, published and diffused on the web and to the Italian Minister of Health (as well as to WHO).

Publication of mhGAP Intervention Guide and also its version 2.0, Italian Translation: “Guida agli interventi mhGAP per i disturbi psichici, neurologici e da uso di sostanze in contesti non specialistici”, in collaboration with WHOCC Troina.

Dr Mezzina contributed to review all QRs training material as requested by WHO HQs, including the Good Practice Service Guidance.

Dr Mezzina was invited to contribute to the draft of WHO Mental Health Global Action Plan and WHO European Action Plan, and last year on the World Suicide Report.

WHO ICHI Tool workshop, 12-13 February 2016, at the Regione Friuli Venezia Giulia - Direzione centrale salute, integrazione sociosanitaria, politiche sociali e famiglia, Trieste. Dr Mezzina contributed to the discussion and material, especially related to WHO policy documents. In collaboration with WHOCC for Classification, Regione Friuli Venezia Giulia (DR L. Frattura).

WHO (mhGAP) Forum:

Participation in the 3rd meeting of the MH GAP Forum. MENTAL HEALTH GAP ACTION PROGRAM (mhGAP), WHO Geneva, 10 October 2012

Dr Mezzina attended the 4th meeting of the mhGAP Forum in Geneva, 7 October 2012-2013.

Dr Mezzina participated to the mh GAP Forum at WHO Geneva, 4-5 September 2014, dedicated to the launch of WHO's World Suicide Report “Preventing Suicide” and to the implementation of Action Plan 2013-2020. A document on the proposed and planned activities of the WHOCC has been presented (available), particularly on the topic of “Comprehensive, integrated and responsive mh and social care”. Dr Mezzina also contributed to a group of discussion on “Leadership and governance” as far as the projects in India and Malaysia are concerned (WHO QualityRights).

WHOCC participated to the discussion in Geneva and on line of the WHO Global Mental Health Strategy Document (2012).

Dr Mezzina participated to the mhGAP Forum at WHO Geneva, 8-9 October 2015, focused on themes linked to the Implementation of MH Action Plan 2013-2020. In the working group on “Dignity and human rights protection”, run by the Quality Rights Programme, the WHOCC (dr Mezzina) contributed to the discussion. As far as the Implementation of the Mental Health Action Plan, the WHOCC of Trieste communicated his actions.

He also attended Geneva, in 2016-2019 all the following WHO Mental Health Forum at WHO Headquarters Geneva.

Teaching activities

He has been invited to teach and address conferences and seminars throughout Italy and abroad. A partial list, by categories, follows:

- Scientific Institutes and Universities (Basel, Sheffield, London School of Economics and Political Sciences, Birmingham, Nottingham, Boston Centre for Psychiatric Rehabilitation, Ljubljana, Sofia, Bari, L'Aquila, Verona, Bologna).
- Mental Health Services, Associations and Foundations in Italy (Roma, Torino, Biella, Siena, Livorno, Firenze, Lucca, Empoli, Prato, Genova, Savona, Torino, Brescia, Leno, Bergamo,

Milano, Trento, Merano, Udine, Pordenone, Palmanova, Gorizia, Venezia, Verona, Schio, Treviso, Legnago, Padova, Bologna, Modena, Pescara, L'Aquila, Crotone, Foggia, Bari, Taranto, Lecce, Matera, Potenza, Salerno, Benevento, Aversa, Cagliari, Nuoro, Caltagirone) and in abroad countries (Switzerland, France, England, Scotland, Ireland, Spain, Greece, Sweden, Norway, Finland, Slovenia, Slovackja, Netherlands, Belgium, USA, Canada, Australia, New Zealand, Sri Lanka, India).

- Conferences held by International Associations (e.g. for the WAPR, Rotterdam, 1996, Hamburg, 1998, and Paris, 2000; for the WFMH, Cairo, 1987, and Finland, 1997, WPA, Melbourne, 2007).

Some examples of the last 20 years:

- Keynote speaker to the New Zealand conference “Building Bridges” (Auckland, March, 2000), where he was also interviewed by the national media and met with the Prime Minister, Mrs. Helen Clark.
- For the International Mental Health Network, keynote speaker in conferences in Bratislava (1996), Ennis (Ireland 1998), Prato (May 2000), Birmingham (July 2000), Cork (Ireland, September 2000), London (February 2001).
- He gave two-days seminars at the Yale University Medical School (prof. Larry Davidson) in July 2001.
- He was keynote speaker at the launch of the IMHCN (see below) in Birmingham, 16 November 2001.
- He was a speaker for the Sainsbury Centre for Mental Health at the Crisis Resolution Conference in Bristol, 29 November 2001.
- He has been invited as keynote speaker by the Department of Mental Health (UK Ministry of Health) at Senate House, London, for the two Conferences “People in crisis”, March and June 2002.
- In November 2002 has been invited to Bangalore (India) as keynote speaker in the “Meeting of two worlds”, organized by British Indian Psychiatric Association, National Institute of Mental Health and Neurosciences.
- In January 2003 he has been invited in Australia as keynote speaker, with prof. Dick Warner (University of Colorado), for a series of conferences at Brisbane and at Summer Forum of THEMHS Conference in Sydney.
- In February 2003 he taught at the national Master for Young Psychiatrists in Milano.
- In February 2003 he was keynote speaker in London at the Conference for Research and Mental Health Services organized by the Camden and Islington Mental Health Trust e by the Maudsley Institute.
- In November 2003 he was the keynote speaker at the closure of the Second Iberian Congress of Rehabilitation, Salamanca, Spain.
- Has been invited to a conference at the Directorate of Social Affairs, Oslo, October 2004.
- Keynote speaker at Conference in Leeds (UK) on crisis resolution teams, organised by the Sainsbury Center for Mental Health, and at the first Conference in Scotland (24 / 7) on the same topic, Edinburgh, 15 June 2005.
- He was invited speaker at the Annual Meeting of the Royal College of Psychiatrists, Edinburgh, 20 June 2005.
- Keynote Speaker at TheMHS Conference, Adelaide, Australia, 31 August-3 September 2005.
- In 2004-2005 he was teacher at the Master “Mediazione al Lavoro per Persone Svantaggiate”, organised by University of L'Aquila, Italy. .

- He developed the programme and taught at the Master (1° Livello) on “Salute Mentale e Servizi Comunitari. Organizzazione, Gestione e Lavoro Terapeutico nei Servizi di Salute Mentale”, promoted by A.S.S. n. 1 Triestina together with the University of Trieste, 2005-7.
- He represented Trieste in the Whole Life Programme (international exchanges and training for Community Mental health services), organised by National Institute for Mental Health England (Eastern Region), organising several group of visits and related stages in Trieste and attending as speaker conferences at Newmarket, September 2004, and Bristol, Aprile 2005.
- Invited speaker at the University of Yale, 8th International Conference on Philosophy, Psychiatry, and Psychology, 16-18 October 2005.
- Keynote speaker in Oslo at the Conference “Verdt en jobb” on vocational rehabilitation, 6 December 2005.
- He taught at Master in Health at the University of Drammen, Norway, 7 December 2005.
- He was invited speaker in Newquay by Cornwall NHS Partnership Trust, March 2006.
- In April 2006 he was also representing Trieste MH Dept. at the final conference of a programme of European Collaboration between Trieste, Plymouth, Stockholm and Athens in Athens.
- He hold conferences, seminars and clinical work, within the collaboration with the University of California Berkeley and San Francisco (10-14 September 2007).
- He was invited by Univ. of Hertfordshire as expert in recovery (Conference September 2007).
- He presented at St. Vincent’s MH Inner City MH International Conference, 10-11 April 2008) as well as the Department of Human Services of the State of Victoria, Melbourne, 9 April 2008.
- He has been invited to present at the Conference on Rehabilitation of the Royal College of Psychiatrists in Prague, November 2008.
- In March 2009 has has been invited by MH Services of Rivierduinen to hold a workshop on Trieste experience (Leiden, the Netherlands).
- He was keynote speaker at the Nordic Conference “New Perspectives - Best Mental Health Practices”, Akureyri, Iceland, 6-8 May 2009.
- He was invited again by the University of California Berkeley and S. Francisco to hold lectures and seminars in September 2009.
- In October 1-2, 2009, he was keynote speaker at the Think-Tank Conference of the IMHCN in Lyngby, Copenhagen.
- “Acute Care in the community – Improving the pathway, expanding the options & promoting recovery”. Hertfordshire Partnership NHS Trust, Stevenage (UK), 30 marzo 2009. Keynote: “A community based system of acute care in Trieste, Italy”; workshop: “The practicalities of running a community based system of acute care in Trieste, Italy. Outcomes and lessons learned”.
- Nordic Conference “New perspectives - Best Mental Health practices”, 7-8 May 2009, Akureyri, Islanda. Keynote: “The person in the community: a paradigm for recovery and social inclusion after deinstitutionalisation in Trieste, Italy”; workshop “Inter sectorial collaboration - obstacles and possibilities in organizing mental health”.
- Network of Modern MH services – Route to the community. Psichiatric Hospital of Attica, Hellenic Democracy Ministry of Health and Social Solidarity, 26 giugno 2009. Relatore. “Development of Social cooperatives”.
- San Francisco e Berkeley, 22-24 September 2009: Visit of Roberto Mezzina in the Bay Area – School of Social Welfare: Advanced Seminar on Mental Health Practices (prof S. Segal). UCB, University of California Berkeley: International practices in mental health: the good, the bad and the ugly (a critical reflection). Seminar with Nancy Scheper-Hughes, and

Bob Okin. - San Francisco Court: Mental Illness in the Criminal Justice System and Vocational Program at San Francisco General Hospital. UCB (University of California Berkeley): Medical Anthropology – with Nancy Scheper Hughes: “Toward a Utopia of Reality – learning from Franco Basaglia”.

- Conference “What we can learn from the experience and evidence from Trieste” - prof Roberto Mezzina. The Richmond Fellowship and the New South Wales Institute of Psychiatry. Sydney, Australia, 15 December 2010.
- Workshops and conferences in New Zealand, ARC Group (Wellington, Christchurch, Auckland, Dunedin), 6-14 dicembre 2010.
- “Sofferenza umana, Diritti e Buongoverno”, 1° Forum Scientifico Internazionale Souq, Milano, 23-25 May 2011. Keynote: “Reti, capitale sociale e ruolo dei servizi nel contrastare l'esclusione sociale delle città”.
- “Crossing Borders”, Rotterdam, 5-7 ottobre 2011. 1° Congress EAOF (European Assertive Outreach Foundation): Keynote: “Can AO lead to a no bed policy? - Experiences in Italy”
- George Witte International Remembrance Symposium, Leiden, Olanda, 5-7 ottobre 2011. 6 October Roundtable: Reduction of Clinical Beds: how far can we go?
- “When biological met psychosocial”, Faculty of General and Community Psychiatry, Royal Collage of Psychiatrists Annual Meeting in Newcastle (GB), 13-14 October 2012. Keynote: “Community alternatives to in-patient care”.
- Crisis Resolution Home Treatment Conference “New Visions in Home Treatment”, Dudley and Walsall Mental Health Partnership NHS Trust, Dudley (GB), 11 November 2011. Keynote: “Diversity in Home Treatment Delivery”.
- WAPR European Congress: “Psychosocial rehabilitation in an economic crisis context. New practices for emerging needs”. Athens, 30-31 marzo 2012. WAPR in collaboration with the Directorate of Mental Health, Greek Ministry of Health and Social Solidarity. Keynote: “Comprehensiveness and / or Rehabilitation: a whole system perspective”.
- 1st International Acute Care Conference, 15-16 May 2012, The Medical Institute, Wrexham (GB). Cheshire and Wirral Partnership NHS Foundation Trust and Betsi Cadwaladr University Health Board, “Acute Care - The Honeymoon is over”. Keynote: “The importance of continuity of care in the Trieste model”.
- Transformational Change in Mental Health: a leadership summit, Wellington, New Zealand, ARC Group, with Hon. Peter Dunne, Associate Minister of Health New Zealand, 20 September 2012
- Key-note speech: “Approaches to Psychiatric Crisis, Rehabilitation and Recovery in Italy” - New Zealand Royal College of Psychiatrists Conference, Wellington, 19 settembre 2012.
- Conferenza “Integratet Psychiatry og rehabilitering – en fælles platform”, organized by Ministry of Welfare, Copenhagen, 1-2 November 2013 (Keynote: “Whole life whole systems approach in MH Services”).
- 1° World Congress WAPR “Change thinking change practice change services”, Milan, 10-13 November 2012, workshop: “Rehabilitation and service change in the 21st Century – Part 1” Mezzina R, Jenkins J., Topor A., Eriksen J., Warner R., Cahill T., Rosen A.
- International conference: “Critical Psychiatry – A Dialogue between Psychiatry and Anthropology” University of California, Berkeley, Kroeber Hall, 16-17 May 2013. Keynote in “Panel One: Utopias and Dystopias”.
- Conference “The challenge of recovery in modern psychiatric care: from theory to implementation”, Athens, 6 July 2013, keynote speech.
- II European Congress on Assertive Outreach: Improving Integration that shall be held in the city of Avilés (Asturias, Spain) from the 26th to the 28th of June 2013. Symposium:

- “Integrated vs functional models in responding to severe and persistent mental illness in the community: a cross-country comparison”, Roberto Mezzina and Alan Rosen, Australia.
- Conference on Sustainable Long Term care, UCSF Mission Bay, San Francisco, USA, 17 September 2013; Keynote speaker “An open door / no restraint system of care and citizenship in Trieste, Italy”.
 - Lecture “Social justice and working with people with mental illness”, Seminar at “Mack Center for Social Conflict and Mental Health”, School of Social Work, University of Berkeley, 19 September 2013.
 - Visit and exchanges in Phoenix, Arizona, 6 September, and in Madison, Wisconsin, 20-22 September.
 - Congreso internacional sobre enfermedad mental, patologia dual y empleo, 24-26 ottobre 2013, Murcia (Spain). Keynote: Experiencias internacionales, 25 ottobre.
 - “Social Enterprise and Mental Health”, keynote at CEFEC Congress, Gorizia, 30 May 2014.
 - 11° Simposio Nacional sobre Tratamiento Asertivo Comunitario en Salud Mental, Avilès (Spain), 25-27 giugno 2014. Keynote: “The experience in Trieste of comprehensive community mental health centers: the issue of severity and the responsibility toward the community”.
 - Training course for Team Hermesplus, within “107 Project”, Ministry of Health, Belgium, Bruxelles, 7-10 July 2014
 - Lille, Francia, 30-31 January 2014. 4° Congress of WHO CC Lille: “How to promote empowerment of mental health users and carers in Europe? Indicators and good practices”.
 - Presentation “Conditions and consequences of Empowerment of clients and carers. The experience of Trieste”.
 - Campinas e Ribeirao Preto (Brasil) 9-13 September 2014, Scientific Responsible and Keynote Speaker, UNESP (Universidade Estadual Paulista – University of Sao Paulo) : Franca & Franco Basaglia International School “Portas abertas: do hospital psiquiátrico ao território”.
 - Carmarthen, UK -, 30-31 ottobre 2014, National Botanic Garden of Wales, Keynote “One Year On, Recovery into Practice: A Whole Life-Whole System Approach” organized by IMHCN (International Mental Health Collaborating Network).
 - Japan, 13-23 November 2014, Keynote at conferences organized by Universities of Komaba, Tokyo and Osaka, with an interview to newspaper Ashai Shimbun.
 - 17- 19 November 2014, participation at “9th International Congress on Early Psychosis – To the New Horizon” in Tokyo.
 - Bruxelles 23 February 2015, keynote speaker at the conference: “La concertation avec les usagers et les proches: vers une meilleure participation” organized by Bernard Jacob, Coordinateur et Chef de projet de la Réforme des soins en santé mentale, SPF Santé publique,.
 - Vienna, 25 February 2015, at United Nations, prized for “Innovative practice” to DSM Trieste/Centro Collaboratore OMS, UN “Zero Project – for a world without barriers”.
 - Belo Horizonte, 16-23 maggio 2015, participation at III Semana de la Saúde Mental e Inclusao Social, organized by UFMG (Universidade Federal Minas Gerais) e PASME (Programa de Extensao em Attencao à Saúde Mental)
 - Oslo, 24-26 June 2015, participation at 3rd Congress on Assertive Outreach “REACHING OUT TOGETHER”
 - V Congreso Nacional of the Federación Española de Asociaciones de Rehabilitación Psicosocial (FEARP), Valencia, 1- 3 October 2015, entitled “UN CAMINO A RECORRER”. Dr Mezzina presented “Recovery from severe mental illness or living with a psychosocial disability? The dual paradigm dilemma and the provision of services”.

- Tokyo, 31 October-1 November 2015, keynote speaker at University of Tokyo in a workshop on “Gestione della crisi e pratica psichiatrica nei team dei Centri di Salute Mentale”.
- Seoul, 1-4 November 2015, keynote at 12° Congress WAPR - World Association for Psychosocial Rehabilitation, including the Presidential Symposium on Empowerment with the National Leaders.
- Keynote at XX ANNUAL COURSE OF SCHIZOPHRENIA “IMAGINATION, REGRESSION AND RECOVERY IN PSYCHOSIS”, Madrid, 26-28 November 2015.
- Swansea, UK, 12 February 2016, keynote at p “Mental Health and Learning Disabilities”, IMHCN.
- York, UK, 13 April 2016, keynote at the conference “Whole Person, Whole Life - Whole System, Approaches to Recovery Symposium”, IMHCN.
- Sao Paulo, Brasil, 25-26 May 2016, keynote at “1st International Colloquium on Recovery: Vivencas e praticas”, organized by Conselho Federal de Psicologia (CNF) con International Recovery and Citizenship Council (IRCC), Yale Program on Recovery and Community Health.
- San Paolo, Brasile 27 Maggio 2016, presentation at 5° Congres Brasileiro de Saùde Mental (Scuola Internazionale Franca e Franco Basaglia in Brasil).
- Chennai, India, 1-3 September 2016, keynote at “International Conference on Justice and the Rights of Homeless Persons with psychosocial needs” organized by da Mc Silver Institute – New York University a Tata Trust.
- Leicester, UK, 22-24 June 2016, keynote at International Conference “Mental Health and Cultural Diversity – exploring transformative practices and service models” organized by De Monfort University. Keynote: “Globalisation and ecological approach - between social determinants and subjectivity: the experience of Trieste”
- York (UK), 20 January 2017, keynote speech at “Whole Life, Whole Person, Whole System approaches to Recovery Symposium”.
- Kotor (Montenegro), 15-17 May 2017, keynote at conference of the project of Cooperation “Equal”.
- Galway (Ireland), 23 June 2017, keynote speech at the conference organized by University of Galway e IDA (International Disability Alliance) “One day meeting on Mental Health, Persons with disabilities and human rights - towards CRPD Complaint Services: achieving full and effective participation of persons with psychosocial disabilities”.
- Cardiff (UK), 18-19 July 2017, International Mental Health Congress “Whole life-Whole System approach”; keynote “Reflections on Trieste’s experiences of implementation of the Whole life-Whole System approach”.
- Marilia (Brasil) 21-23 August 2017, international coordinator of the International School “Franca e Franco Basaglia” in Brasil “Meeting with the territory – dialogues between theory and practice”, organized by UNESP (University of Sao Paulo) e USP (University of Riberão Preto).
- Buenos Aires (Argentina), 30 August-1 September 2017, XI Congreso Argentino de Salud Mental”. Keynote: “40 years after the asylum in Trieste: person centered and rights – based community services”.
- Palestine, 28 November-2 December 2017, mission as expert for Italian Cooperation Agency (AICS, Agenzia Italiana per la Cooperazione allo Sviluppo) in the Project: “Psychosocial rehabilitation and economic empowermentof the Salafet Mental Health Centre users”.
- Luxembourg, 8-9 February 2018, “Third EU Compass Forum on Mental Health”, speech at the session “What have we learned in Europe on how to implement comprehensive community-based mental health services?”

- Lille (France) 29-30 March 2018, “Journées Internationales du CC OMS – Citoyenneté & Empowerment en Santé Mentale; Innovations participatives en France et à l’International”.
- Geneva, 14-15 May 2018, panelist at the “Consultation on Mental Health and Human Rights”, organized by OHCHR, UN. “Improving Human Rights in Mental Health through system-wide strategies”.
- Belgrade (Serbia) 8-9 June 2018, conference: “Toward the new mental health policy and human rights based treatment”, organized for the European Project “Strengthening the Protection of Human Rights of persons deprived of liberty and convicted persons in Serbia”
- Tenerife (Spain), 3 July 2018, Conference: “Jornada de Empleo, Trastorno Mental, Discapacidad y Ciudadanía: las experiencias en el sur de Europa”. Keynote: “Job placement in Mental Health – the Social Cooperatives. Experiences, investigations and recommendations from Italy”.
- Madrid (Spain), 5-7 July 2018, XIII Congress WAPR. Keynote: “Towards a non coercitive practice”; “Buenas practicas en la atención al paciente mental en el sistema penitenciario”.
- Oxford (UK), 14 September 2018, meeting “Basaglia: from asylum to community. International experiences”, St. Anne College, Oxford University. Keynote: “Changing institution to liberate subjectivity: recovery and human rights, the anticipation of Basaglia and Trieste today”.
- Los Angeles (California), 22-30 September 2018, series of meetings for the transformation of MH services in California.
- In the framework of the cross border project Salute-Zdravstvo Italy-Slovenia the WHO.CC is involved in the training of the cross border intervention team. Dr Mezzina presented “Theories and practices of Deinstitutionalization – the MH Services of FVG Region” in the event “Mental Health without borders” held in Šempeter-Vrtojba (Slovenia) on December 11 2018. The Interreg Project is co-funded by the European Regional Development Fund.
- Primera jornada de la salud mental. Municipalidad de Barcelona. 22 marzo 2019, Barcellona.
- Social Firms Europe CEFEC. 33rd Annual Conference, 16-18 June, Trieste. Introduzione alla conferenza.
- “Shaping the future of community mental health care”. EAOF congress, Verona, 5-7 September 2019. Key-note: “Deinstitutionalization as transformation of psychiatry: processes and outcomes”; “Epidemiology of Rights and Mental Health Policies”. Symposium SIEP (Società Italiana di Epidemiologia Psichiatrica).
- 30 agosto-2 settembre 2019 Santiago de Chile. Escuela de Salud Pública (dr. S. Allende) de la Facultad de Medicina de la Universidad de Chile. Taller Internacional de Salud Mental y Psiquiatría Comunitaria. Conferencia magistral, Magister en salud mental, Diploma Salud Mental Comunitaria, Curso SM para Residentes del Programa de Especialización Médica en Psiquiatría.

Italy: relevant recent congresses and courses as keynote speaker

- “Crisi economica e salute mentale: cosa cambia nella popolazione, cosa cambia nei servizi”, XIII Riunione Scientifica SIEP, 21 - 22 gennaio 2013 – Roma, Istituto Superiore di Sanità. SIEP (Società Italiana di Epidemiologia Psichiatrica) in collaborazione con l’ISTITUTO SUPERIORE DI SANITÀ. Keynote: “L’Action Plan Europeo 2013 sulla Salute Mentale e l’impatto sulle politiche nazionali”.
- 11° Congresso Nazionale della Società Italiana di Epidemiologia Psichiatrica “Politiche di salute mentale e buone pratiche: etica, evidenza, esperienza”. Trieste, 12-14 giugno 2014. Università degli Studi di Trieste. Coordinatore Comitato locale e direzione scientifica ECM. Relatore in plenaria: Sistemi e strategie integrate di comunità

- Società Italiana di Epidemiologia Psichiatrica - 12° Congresso Nazionale Quale salute mentale per il sistema paese? Sviluppo e valutazione di modelli, programmi e politiche. Modena, 14-16 aprile 2015. “Salute mentale e determinanti sociali”. Chairman: Fabrizio Discussant: Roberto Mezzina e Giulio Corrivetti.
- “Dalle parole ai fatti: indicatori e programmi per la salute mentale”, XIV Riunione Scientifica SIEP, Bologna, 18-19 May 2017, Keynote: “Servizio “forte” e integrazione: organizzare le risorse”.
- Seminario Nazionale ECM “I Servizi di Salute Mentale orientati alla recovery”. Università di Bari, 4 ottobre 2016. Relazione: Whole life, whole systems, whole community approach.
- "Nuovi percorsi e soluzioni abitative per le persone con disagio mentale", Comunità di Sant'Egidio e ASL Roma 4, Roma, 10 novembre 2016. Lezione magistrale: “servizi basati sui diritti e incentrati sulle persone. L’attualità della legge 180 ”.
- I fattori determinanti della salute mentale – Roma, Fondazione Internazionale Don Luigi di Liegro ONLUS, Fondazione D’Harcourt, INMP, Ministero della Salute 27-28 gennaio 2017. Mezzina R “I determinanti sociali ed economici”.
- Punti essenziali del percorso terapeutico riabilitativo dei pazienti con schizofrenia nei DSM – Pordenone, 18 novembre 2016. “Cosa significa orientare un servizio alla recovery”.
- Corso di Alta Qualificazione. Oltre le REMS: costruzione di percorsi di salute e di inclusione”, Trieste dal 9 al 10 marzo 2018. Keynote: “Il superamento degli Opg come rafforzamento e qualificazione del Dipartimento Salute Mentale”. 4 crediti ECM.
- Conferenza Nazionale Salute Mentale: “Diritti Libertà Servizi, 40 anni della legge 180”. Sala del Campidoglio, Roma, 11-12 Maggio 2018. Keynote: “I diritti e la vita globale: il nuovo orizzonte della riforma”.
- "Un cantiere per la salute mentale", tappa verso la Conferenza Nazionale della Salute Mentale (giugno 2019). 14 maggio 2019, sala Capitolare Parlamento, Roma. Intervento sull’esperienza triestina.
- Conferenza nazionale per la salute mentale. Diritti Libertà Servizi. Sapienza Università Roma, 14-15 giugno 2019. Sessione n. 2: Il lavoro del/nel Dipartimento di Salute Mentale. Per un Centro di Salute Mentale regista della cura nel territorio. Rapporteur: Roberto Mezzina, direttore DSM Trieste.
- The issue of Human Rights has been discussed within 2 important reforming groups in Italy: Coordinamento Nazionale Rems (e.g. Audizione del 24 Novembre 2017 alla Commissione per la riforma del sistema normativo delle misure di sicurezza personali e dell’assistenza sanitaria in ambito penitenziario – see publication; National conference held in Genova, 31 May 2019), and the SPDC no restraint group, issuing a yearly National conference. The WHO.CC will contribute to Società Italiana di Epidemiologia Psichiatrica – SIEP in order to set up a specific section on “Diritti umani e superamento delle pratiche costrittive in Psichiatria”, Bologna, 20 settembre.
- In collaboration with StopOPG and other national associations the WHO.CC contributes to the National campaign against restraint “E tu... slegalo subito!”. The use of WHO QualityRights specific module has been proposed for training courses.

International collaborations

Czech Republic

In the frame of collaboration with the Czech Government (according to a formal invitation by their Vice Minister of Health in 2012, mr Zenishek) for the MH Reform launched in 2013, Pavel Rican (Czech Centre for Mental Health Development) asked WHOCC to use our expertise in deinstitutionalization and community based services, particularly in order to help the development of the standards for the CMH Centres according to the reform plan of that country.

Dr. Mezzina informed WHO Euro and then wrote a number of documents and comments to the draft document provided by the Czech counterpart (November-December 2014, formalized at the WHO level with a letter by Dr. Mezzina to Dr. Matt Muijen in November 2014).

Czech Psychiatric Association Conference, Mikulov, Czech Republic, 13 June 2018. Relazione: “Reforming mental healthcare: the experience in Italy 40 years after law 180”.

International Advisory Council related to the preparation of the National Action Plan on Mental Health in the Czech Republic for the period 2020-2030. (Strategy for reforming the mental health care system and professional experience). Prague, 22-23 April 2019.

France

Participation to the 4th International WHO Collaborating Centre for Research and Training in Public Health Congress, Lille, France, 30-31 January 2014. European Congress “How to promote empowerment of mental health users and carers in Europe? Indicators and good practices”. Presentation of indicators and preliminary results – Key Speaker, 30 January. Thematic workshops regarding good practice indicators. Dr Mezzina keynote: “Conditions and consequences of Empowerment of clients and carers. The experience of Trieste”, 31 January 2014.

Contributions to the document on good practices for empowerment (for WHO European Action Plan).

Dr Mezzina has been invited in Paris, at the Ministerial Offices on 16-17 March 2016 for the international conference “Mental Health in France and in the world: perspectives and innovation”, under the High Patronage of Mrs. Marisol Touraine, Minister of Social Affairs, Health and Women's rights, organized by WHOCC Lille with WHO Headquarters, Geneva.

In 2018, after a visit to Trieste, the Social Affairs Commission of the French Parliament adopted Trieste as reference model.

Spain

Dr Mezzina has been invited as keynote speaker with the presentation: “How do policies and mental health systems in Europe lead to empowerment?”, at Congrés “Activa’t per la salut mental: més enllà del pilotatge”, organized by Generalitat de Catalunya, Federació VEUS and Federació Salut Mental Catalunya, 22-23 November 2018, Barcelona.

In the vision of further collaboration and exchanges a delegation of the Catalan government will participate in Trieste to the International Meeting “ Good Practice Services promoting human rights and recovery in mental health” that will be held in Trieste 23-26 September 2019 in collaboration with WHO HQs.

Dr Mezzina participated to the 1st International Day on Mental health organized by the city of Barcelona, 22 March 2019. The Conference based on the topic of Mental Health as a policy priorities of governments for social integration and fight to inequalities. Dr Mezzina was keynote speaker in the workshop “Cities with Mental Health in Mind”.

The Netherlands

On 17-19 February in Utrecht dr Mezzina has been invited by a group of Dutch organisations to spread the human rights approach of Trieste with the presentation of the report “Freedom First!” of TRIMBOS. The Support to spreading the report “Freedom first”, on human rights approach in Trieste, with Trimbos, in 5 regions of the country, and twinning collaboration in Utrecht for an integrated system of care.

Japan

On 13-23 of November 2014, dr Mezzina was in Japan for conferences and contacts (University of Komaba, Tokyo and Osaka, Center for Human Rights), supported by the University of Tokyo and Japanese associations, and was also interviewed by the Asahi Shimbun (the article published in December had a wide public impact).

In Tokyo, 31 October-1 November 2015, dr Mezzina was invited at the University of Tokyo for workshops on crisis care and the practice of psychiatrist in the CMH Team.

Brasil

An International School event, on 9-13 September 2014, has been developed by the WHOCC together with Universities – UNESP and USP - in Campinas and in Ribeirao Preto. Title: FRANCA & FRANCO BASAGLIA INTERNATIONAL SCHOOL “Portas abertas: do hospital psiquiátrico ao território”. International Coordinator was dr Mezzina, National Coordinator prof Rossana Seabra Sade. Speakers came from Italy, Spain, the UK, Brazil, Argentina; the event registered about 220 participants in Campinas and 450 in Ribeirao. This included visits to the MH Services with interactive workshops with the speakers and teachers, providing suggestions for improvement and further deinstitutionalization. A Brazilian Network on Good Practices has been established during the event and has been supported by WHOCC and the International Mental Health Collaborating Network - IMHCN. A book of proceedings is published.

In Belo Horizonte, 16-23 May 2015, dr Mezzina attended the III Semana de la Saúde Mental e Inclusao Social, organized by UFMG (Federal University of Minas Gerais) and PASME (Programa de Extensao em Attencao à Saúde Metal), and the Pre-congress of the Franca and Franco Basaglia International School, in order to prepare the next edition of the International School in 2016 in BH. Visits to the network of services and meetings and conferences have been organized in that framework. The know how of the WHOCC was used for suggestions and indications to the local staff.

On 25-26 May 2016 1st International Colloquium on RECOVERY: VIVÊNCIAS E PRÁTICAS, organised by Conselho Federal de Psicologia (CNF) of Brasil with the International Recovery and Citizenship Council (IRCC), Yale Program on Recovery and Community Health.

On 26-27 May 2016, dr Mezzina introduced, at the 5º Congrés Brasileiro de Saúde Mental by ABRASME - HEALTH COMMISSION – Federal Board of Psychologist in Sao Paulo, the International School for Brasil.

Argentina

“IntegrAr”, a Project of Cooperation for training in MH Services and Social Enterprises in Argentina, with the WHOCC and other NGOs as partners, has been funded by the Region Friuli.

WHOCC Trieste supports the development of reform processes in South America through Latin America networks. The WHO CC has been partner in the project “IntegrAr”, a Cooperation Project for training in MH Services and Social Enterprises in Argentina. The project funded by the Region Friuli started in February 2016 and was closed on 15th October 2017. Due to the importance on the IntegrAr project a new project has been presented and funded by the Region FVG. The new project titled “Por un pais sin manicomios” started October 2018 and will be closed on April 2020. The WHOCC is partner of the project that has been implemented with the cooperation of the Argentinian Government. Partners of the project were: Dirección Nacional de Salud Mental y Adicciones, Órgano de Revisión de la ley de Salud Mental- Defensoría General de la Nación, WFMH – World Federation for Mental Health and Consortium of Co-ops (COSM) of Region Friuli Venezia Giulia. The aim of the Project is to promote social cohesion and inclusion through a plan of

interventions to guarantee human rights and support the implementation of the deinstitutionalisation policies envisaged by the Law of Mental Health Reform n.26657. The WHO QualityRights has been introduced as a main toolkit by the Dirección Nacional de Salud Mental y Adicciones of Argentinian Government.

In this framework WHO.CC staff went twice to Argentina on November 2018 and on May 2019. The delegation visited the provinces of La Rioja and Entre Ríos, with site visits and meetings with local authorities. On 24th May during the meeting “Tinkunako por la salud mental”, Dr Devora Kestel interviewed with a Skype connection from WHO HQ.

After the two missions in Argentina Skype meetings were scheduled to continue the supervision on next steps. In April 2019 a delegation of representatives of the Ministry of Health spent 10 days in Trieste for a depth insight of Trieste MH Services and social integration strategies.

An increasing number of Trainee Psychiatrist and Psychologist coming from Argentina are undertaking some months (from 3 to 6 months) of Training in Trieste in order to learn and then apply Trieste approach based on human rights in Argentina.

A large delegation of Argentinian stakeholders will participate to the International meeting “Good Practice Services: promoting human rights and recovery in mental health” where a special parallel session will be organized for an overview on Latin America.

In April 2019 a delegation of representatives of the Ministry of Health spent 10 days in Trieste for a depth insight of Trieste MH Services and social integration strategies.

An increasing number of Trainee Psychiatrist and Psychologist coming from Argentina are undertaking some months (from 3 to 6 months) of Training in Trieste in order to learn and then apply Trieste approach based on human rights in Argentina.

Chile

Dr Mezzina visited Chile and especially the MH Service and Primary Care organization in Santiago (29 August 2019), teaching at the Taller Internacional de Salud Mental y Psiquiatría Comunitaria, organized by the Escuela de Salud Pública de la Facultad de Medicina de la Universidad de Chile, Santiago (30 August-3 September 2019), by invitation of Alberto Minoletti Scaramelli and Rafael Sepulveda. The mhGAP Programme was discussed as one of the main themes.

India

On August 2016, Global South Initiative at the conference “Justice and the rights of homeless persons with psychosocial needs”, 1-3 September 2016, organized in collaboration with Mc Silver Institute in NYC and the Tata Trust among others.

The International Cooperation Project funded by Region Friuli Venezia Giulia entitled “Women Empowerment in Tamil Nadu”, started in August 18 led by COSM - Consortium of Co-ops of Region Friuli Venezia Giulia, WHO.CC, Indian NGO The Banyan and CoPerSamm (Conferenza Permanente per la Salute Mentale nel Mondo). WHO.CC offered its expertise in the field of Empowerment and Human Rights, related to QualityRights training. Dr Ridente (WHO.CC) went to India as consultant and trainer.

Belgium

23 February 2015, Brussels for a keynote at the conference: “La concertation avec les usagers et les proches: vers une meilleure participation” organisée par Bernard Jacob, Coordinateur et Chef de projet de la Réforme des soins en santé mentale, SPF Santé publique, with the participation of Dr Afzal Javed (UK), President of WAPR. Monsieur Harmen Lecok, Conseiller au cabinet de la Ministre de la santé et des Affaires sociales attended.

Serbia

Scientifica Lead of Project EUROSTART, including: Study visits of 10 staff delegation of the Autonomous Province of Vojvodina, the services of Kikinda, Sombor, Novi Sad and Novi Knezevac and to Trieste and Udine MH Services (1-4 September 2013). In December 2014, mission to Novi Sad, Banja Luka (Serbian Republic of Bosnia) and Belgrade, encompassing political leaders as well as technical officers of the Ministry of Health). On-site training has been organised on 13-17 April 2014 simultaneously in two localities (Sombor and Vrsac); an official presentation of results in Novi Sad to politicians has been done on May 30; another stage in Trieste of staff from these two sites will take place at the end of June, with a final international conference of the project on 4 July. Final event: Intersektorska saradnja i deinstitucionalizacija. Novi Sad, 30-1.7.2014. Other contacts and ongoing support.

USA

Collaboration with Los Angeles and the State of California. Participation as an expert in video-conferencing at the hearing of the California Senate (State Capitol Hearing) organized by Steinberg Institute with a view to the transformation of mental health services in California, 28 February 2018, Report: "After de-institutionalization - The Whole Life-Whole System Experience in Trieste".

WHOCC Trieste has formalizes in a twinning collaboration with Los Angeles Mental Health Department A study visit of Trieste staff members has been organized on 22-30 September 2018, led by Dr Mezzina to Los Angeles to offer a supervision on the process of transformation they are undertaking in MH Services.

The collaboration with Los Angeles led to an awakening of interest for Trieste MHD in the USA. Ms Kerry Morrison, involved in the twinning collaboration as project manager of the opening of a Trieste model CMHC in Los Angeles, spent a month of training and deeping in Trieste to better know Trieste MH System and how to apply in in the Los Angeles area.

A large delegation (39 people) made of policy makers, stakeholders and journalist from California and Los Angeles area participated to the International meeting "Good Practice Services: promoting human rights and recovery in mental health".

Palestine

An agreement has been developed between WHOCC and AICS (Italian government agency for international development cooperation) for the development of 36months project titled "Mental Healthcare and psychosocial rehabilitation" in the framework of the Ring Project. The new programme is intended to improve rehabilitation within the stepped care model, and interacting with Primary Care level also through mhGap Intervention Guide.

Publications

Books

- He has published books in Italy (*Il folle gesto* with G. Dell'Acqua and others; *Salute Mentale - pragmatica e complessità* with A. De Bernardi and B. Norcio; *Crisi e sistemi sanitari – una ricerca italiana*) and about 240 articles in several Italian and international scientific journals (e.g. *Perspectives psychiatriques*, 1982; *International Journal of Social Psychiatry*, 1992, 1993, 1995).
- His papers have also appeared in books and publications in other countries (UK, Belgium, France, Brazil, Finland, Norway, Japan, Czech Republic).

Among chapters of books in English:

- "Paradigm shift: processes and outcomes" as a chapter of the book "Mental Health at the Crossroad: The promise of the psychosocial approach" (Ramon S. and Williams J., eds), Ashgate, 2005.

- with Sonia Johnson “Home treatment and ‘hospitality’ within a comprehensive community mental health centre” as a chapter of the book “Home Treatment and Crisis Resolution in Mental Health”, S. Johnson, J. Needle, J. P. Bindman and G. Thornicroft, eds. Cambridge University Press, 2008.
- Together with Alan Rosen and Paul O'Halloran he wrote a chapter on "International Trends in Community Mental Health Services" dell' "Handbook on Community Psychiatry", McQuiston H, Feldman J, Sowers W, eds, Springer - New York Dordrecht Heidelberg London, 2012, p. 389-404. The book and the chapter (with Rosen and Feldman) have been reissued for a second version in 2022.
- Rosen A, O'Halloran P, Mezzina R. and Thompson, K. “International Trends In Community Oriented Mental Health Services” in E. Mpofu (Ed.) “Community oriented health services: Practices across disciplines”. NY: Springer, 2014.
- Mezzina R, Rosen A, Amering M, Javed A (2018). “The practice of freedom: human rights and the global mental health agenda”. In “Advances in Psychiatry” (ed. KD Fountoulakis, A Javed). Springer: New York, 483-515
- He contributed with a chapter to the book “From Asylum to Community. Basaglia’s International Legacy”, Burns T and Foot J, eds., Oxford University Press, 2020: “Basaglia after Basaglia: recovery, human rights, and Trieste today”, 43-67.

Relevant publications (last 18 years):

- M. Colucci, G. Dell’Acqua and R. Mezzina: The community that is possibile. In “Harmful to oneself and others. Asylum practices and how to avoid them. Some practical-theoretical guidelines for those working in Mental Health”. Leonardo Project, DSM Trieste, 2002-4, Trieste, 2004, p. 212-232.
- Miceli, M., Baio G., Vidoni D., A, Accetta A., Interlandi G., Mezzina R., Fiorini B. (2004): Variabilità dei trattamenti di crisi nei servizi di salute mentale. In AA.VV: Variabilità nei Servizi Sanitari in Italia, a cura di Morosini P. e Palumbo G., Centro Scientifico Editore, Torino, 206-233.
- G. Dell’Acqua, R. Mezzina (2005): Lo sviluppo dei servizi di salute mentale come servizi per la comunità a Trieste: un passaggio dall’istituzione totale all’organizzazione territoriale. In Sistema di Salute di Comunità / Community Health Systems. Atti del Primo Incontro Internazionale, Trieste, p. 120-125
- Mezzina, R., Vidoni, D., Miceli, M., Crusiz C., Accetta A. & Interlandi, G. (2005) *Crisi psichiatrica e sistemi sanitari. Una ricerca italiana*. Asterios, Trieste.
- Mezzina, R., Vidoni, D., Miceli, M., Crusiz C., Accetta A. & Interlandi, G. (2005): Gli interventi territoriali a 24 ore dalla crisi sono basati sull’evidenza? Indicazioni da uno studio multicentrico longitudinale. In *Psichiatria di Comunità*, vol IV, n. 4.
- R. Mezzina: Paradigm Shift in Psychiatry: Processes and Outcomes. In S. Ramon and J. E. Williams, eds.: *Mental Health at the Crossroads*. Ashgate, 2005, p. 81-93
- R. Mezzina: “Drop in: servizi accessibili 24 ore”, in *Salute e Territorio*, Anno XXVI, n. 153, Novembre-Dicembre 2005, p. 347-355.
- *American Journal of Psychiatric Rehabilitation* : Vol. 8, n. 3, September-December 2005. Special Issue: Process and Contexts of Recovery, Part I
- Larry Davidson, Marit Borg, Izabel Marin, Alain Topor, Roberto Mezzina, and Dave Sells: Process of Recovery in Serious Mental Illness: Findings from a Multinational Study. 177-201.
- Dave Sells, Raquel Andrés-Hyman, Martha Staeheli-Lawless, Marit Borg, Alain Topor, Roberto Mezzina, Izabel Marin, and Larry Davidson: Contexts and Narratives of Recovery. 203-221.

- Izabel Marin, Roberto Mezzina, Marit Borg, Alain Topor, Martha Staeheli-Lawless, Dave Sells, and Larry Davidson: The Persons' Role in Recovery. 223-242.
- Marit Borg, Dave Sells, Alain Topor, Roberto Mezzina, Izabel Marin, and Larry Davidson: What Makes a House a Home: the Role of Material Resources in Recovery from Severe Mental Illness. 243-256. American Journal of Psychiatric Rehabilitation : Vol. 9, n. 1, January-April 2006. Special Issue: Process and Contexts of Recovery, Part II:
- Dave Sells, Marit Borg, Izabel Marin, Roberto Mezzina, Alain Topor, and Larry Davidson: Arenas of Recovery for Persons with Severe Mental Illness, 3-16
- Alain Topor, Marit Borg, Roberto Mezzina, Dave Sells, Izabel Marin, and Larry Davidson: Others: the Role of Family, Friends, and Professionals in the Recovery Process. 17-37
- Roberto Mezzina, Marit Borg, Izabel Marin, Dave Sells, Alain Topor, and Larry Davidson: From Participation to Citizenship: How to Regain a Role, a Status, and a Life in the Process of Recovery. 39-61.
- Roberto Mezzina, Larry Davidson, Marit Borg, Izabel Marin, Alain Topor, and Dave Sells: The Social Nature of Recovery: Discussion and Implications for Practice. 63-80.
- Izabel Marin, Roberto Mezzina: Percorsi soggettivi di guarigione. Studio pilota sui fattori di recovery in salute mentale. Rivista Sperimentale di Freniatria, Vol. CXXX, N. 1/2006, p.129-152.
- R. Mezzina: L'esperienza di Trieste del CSM h 24. In AA.VV: De/Formazione in Mentis Valetudine, Quaderni della Formazione, Il CSM 24 ore e percorsi riabilitativi sul mondo del lavoro. Azienda USL 7 di Siena, 2006.
- R. Mezzina: Citizenship: the social dimension of recovery. In AA.VV.: Dancing to the beat of a different drum. Mental health, social inclusion, citizenship. TheMHS Conference Book of Proceedings 2005, Sydney, June 2006, p. 30-36.
- R. Mezzina: L'Europa dopo Helsinki. In: Le apocalissi della mente. Il racconto del dolore e la cittadinanza terapeutica. Communitas, anno II, dicembre 2006, 12, p. 255-267
- R. Mezzina: Trattenere o liberare. Fenomenica della contenzione e pratiche di emancipazione. In: I Servizi Psichiatrici di Diagnosi e Cura. L'utopia della cura in ospedale. Quaderni della Rivista Italiana di Scienze Sociali "Dissensi", Edizioni Co.Pro.S., Novembre 2007, p. 30-7.
- R. Mezzina: Voglio amore! L'Isola dell'Utopia. In P. Dell'Acqua: Non Ho l'arma che uccide il leone. Stampa Alternativa, 2007, p. 298-306.
- R. Mezzina, P. Mazzuia, P. Borghi: Quale pena nella salvaguardia della salute? Una storia. In: AA.VV., a cura di P. Tranchina, MP Teodori: Storie di vita Storie di follia. 35 anni di Psichiatria Democratica. Collana dei Fogli d'Informazione n. 38, giugno-dicembre 2008, p. 231-9.
- R. Mezzina. p. 160-6. In: Centottanta. Riflessione collettiva sulla legge di riforma della psichiatria, a cura di Emilio Lupo e Salvatore di Fede, Psichiatria Democratica, Napoli, Novembre 2008.
- R. Mezzina and S. Johnson: Home treatment and 'hospitality' within a comprehensive community mental health centre. In Home Treatment and Crisis Resolution in Mental Health. S. Johnson, J. Needle, J. P. Bindman and G. Thornicroft, eds.. Cambridge University Press, 2008, p. 251-265.
- Killaspy, H., King, M., Wright, C., White, S., McCrone, P., Kallert, T., Cervilla, J., Raboch, J., Onchev, G., Mezzina, R., Kiejna, A., Ploumpidis, D., Caldas de Almeida, J. Study protocol for the development of a European measure of best practice for people with long term mental illness in institutional care (DEMoBinc). BMC Psychiatry, 9: 36
- Taylor, T., Killaspy, H., Wright, C., Turton, P., White, S., Kallert, T., Schuster, M., Cervilla, J., Brangier, P., Raboch, J., Kalisova, L., Onchev, G., Dimitrov, H., Mezzina, R., Wolf, K., Wiersma, D., Visser, E., Kiejna, A., Piotrowski, P., Ploumpidis, D., Gonidakis, F., Caldas de

- Almeida, J., Cardoso, G., King, M. A systematic review of the international published literature relating to quality of institutional care for people with longer term mental health problems. *BMC Psychiatry*, 9: 55
- Wright, C., Turton, P., White, S., Killaspy, H., Taylor, T., Onchev, G., Fercheva, A., Raboch, J., Kalisova, L., Schutzwahl, M., Schuster, M., Tzavelas, E., Asimakopoulou, X., Mezzina, R., Ridente, P., Wiersma, D., Caro-Nienhuis, A., Kiejna, A., Piotrowski, P., Caldas de Almeida, J., Cardoso, G., Cervilla, J., Brangier, P., King, M. Promoting recovery in long-term institutional mental health care: an International Delphi study. *Psychiatric Services*, March 2010, 293-299.
 - Davidson, L., Mezzina, R., Rowe, M., Thompson, K. A Life in the Community': Italian Mental Health Reform and Recovery. *Journal of Mental Health*, 2010 Oct;19(5):436-43.
 - Killaspy, H., White, S., Wright, C., Taylor, T., Turton, P., Schutzwahl, M., Schuster, M., Cervilla, J., Brangier, P., Raboch, J., Kalisova, L., Onchev, G., Spiridon, A., Mezzina, R., Ridente, P., Wiersma, D., Visser, E., Kiejna, A., Adamowski, T., Ploumpidis, D., Gonidakis, F., Caldas-de-Almeida, J., Cardoso, G., King, M. The Development of the Quality Indicator for Rehabilitative Care (QuIRC): a Measure of Best Practice for Facilities for People with Longer Term Mental Health Problems. *BMC Psychiatry*, 2011
 - Killaspy, H., White, S., Wright, C., Taylor, T., Turton, P., Schutzwahl, M., Schuster, M., Cervilla, J., Brangier, P., Raboch, J., Kalisova, L., Onchev, G., Spiridon, A., Mezzina, R., Ridente, P., Wiersma, D., Visser, E., Kiejna, A., Adamowski, T., Ploumpidis, D., Gonidakis, F., Caldas-de-Almeida, J., Cardoso, G., King, M. Association between service user experiences and staff rated quality of care in European facilities for people with longer term mental health problems. *PLoS One* 7(6): e38070. doi:10.1371/journal.pone.0038070, 2012
 - Beyond the walls / Oltre i muri - Deinstitutionalisation in European best practices in mental health / La deistituzionalizzazione nelle migliori pratiche europee di salute mentale. Toresini L, Mezzina R eds (a cura di). Ed. Alpha Beta Verlag, Merano, 2010. Introduzione: From Italy to Europe and back, practices for emancipation / Dall'Italia all'Europa e ritorno, pratiche di libertà, 16-34. Outcomes of Deinstitutionalisation in Trieste / Esiti della deistituzionalizzazione a Trieste, 136-166.
 - Trieste: recovery: i servizi da centri di cura a centri di vita, La salute mentale nelle terre di mezzo, Per costruire insieme politiche di inclusione nel Mediterraneo, Atti Convegno Internazionale di Psichiatria Democratica, 12-13 marzo 2009. Pistoia, Fogli d'informazione 1-14, gennaio-giugno 2010, 71-80.
 - Palcic S, Broussard P, Pettinelli A, Giraldi T, Martinis E, Furina C, Bracco R, Zanello E, Riolo A, Mezzina R: "Studio comparativo sull'utilizzo dei farmaci antipsicotici nel territorio dell'ASS n. 1 "Triestina". *Giornale Italiano di Farmacia Clinica*, 25, 4, 2011.
 - EAOF First European Congress, "Crossing borders", Rotterdam, 5-7 ottobre 2011. "Can AO lead to a no bed policy? Experiences from Italy", Abstract book, p. 40.
 - Rosen A, O'Halloran P, Mezzina R: "International Trends in Community Mental Health Services" in "Handbook on Community Psychiatry", McQuiston H, Feldman J, Sowers W, eds, Springer - New York Dordrecht Heidelberg London, 2012, p. 389-404.
 - Mezzina R. "Che cos'è la guarigione: l'oggetto oscuro della nostra (e vostra) ricerca", Introduzione a "Guarire si può. Persone e disturbo mentale", di Isabel Marin e Silva Bon, in 180, *Archivio Critico della Salute Mentale*, Alphabeta Verlag, Merano, 2012, p. 7-23.
 - Mezzina R., Jenkins J., Topor A., Eriksen J., Warner R., Cahill T., Rosen A.: "Rehabilitation and service change in the 21st Century - Part 1". 11° World Congress WAPR "Change thinking change practice change services", Milano, 10-13 novembre 2012. Abstract book, pag. 97.
 - Mezzina R.: "Verso il cambio paradigmatico della salute mentale. Tensioni e contraddizioni irrisolte tra sistemi globali e soggetti." In 40 anni dei Fogli d'informazione, a cura di Paolo Tranchina e Maria Pia Teodori, *Periferie al Centro ONLUS*, p. 231-7, 2013.

- Mezzina R.: Prefazione a: "Prevenire il suicidio in carcere. Le linee guida dell'OMS e la realtà italiana. Manuale per operatori penitenziari e sanitari", a cura di Oretti A. e Castelpietra G. Centro Collaboratore per la Ricerca e la Formazione OMS- Dipartimento di Salute Mentale di Trieste, ASS n°1 Triestina, 2013.
- Mezzina R.: "La dialettica del volto nella decostruzione della psichiatria", in "Etica ed Estetica del Volto", a cura di Semerari F., Mimesis, Milano-Udine, 2013, p. 53-108
- Bracco R., Mezzina R., Ridente P., Rucci P., Zanello E.: "Il ruolo dei Dipartimenti di Salute Mentale nella formazione e nell'inserimento al lavoro di persone con problemi di salute mentale. Un primo quadro nazionale fornito dalla ricerca PIL - Per l'Inserimento Lavorativo". In: "L'inclusione sociale e lavorativa in salute mentale. Buone pratiche, ricerca empirica ed esperienze innovative promosse dalla rete Airsam", a cura di Barone R., Bruschetta S., D'Alema M. Franco Angeli, Roma, 2013.
- Luchetti A., Donato C., Minisini C., Mezzina R., Pascolo-Fabrizi E.: "Schizofrenia all'esordio e "gruppi". Per una diversa cultura della cura". Rivista di Psichiatria e Psicoterapia Culturale, in c.d.p.
- Mezzina R., Oretti A., Luchetta C., Minisini C.: "Qualcosa è cambiato? Gruppo di accoglienza per i familiari di giovani all'esordio psicotico: l'esperienza a Trieste". In Nuova Rassegna di Studi Psichiatrici, in c.d.p.
- Roberto Mezzina (2013): Citizenship and crisis: linking social action and community-based service. Book of Proceedings TheMHS Conference 2012 "Recovering citizenship". Acorn Press, Australia, February.
- Terzian E, Tognoni G, Bracco R, De Ruggieri E, Ficociello RA, Mezzina R & Pillo G (2013) Social Network Intervention in patients with schizophrenia and marked social withdrawal: a Randomized Controlled Study. Canadian Journal of Psychiatry, 58(11): 622-631.
- Mezzina R. (2013) Oltre i muri 2. La deistituzionalizzazione psichiatrica nell'area orientale della regione europea dell'OMS. A cura di L.Toresini e R. Mezzina / Toresini, L, Mezzina R., eds (2014) Beyond the Walls 2: Psychiatric Deinstitutionalization in the eastern area of the WHO. Alpha beta Verlag, Meran, 137-151.
- Mezzina R. (2013) Introduzione: la deistituzionalizzazione nell'area ex-sovietica. In Oltre i muri 2. La deistituzionalizzazione psichiatrica nell'area orientale della regione europea dell'OMS. A cura di L.Toresini e R. Mezzina. Mezzina R. (2013) Introduction. Deinstitutionalisation in the area of the former Soviet Union. In Toresini, L, Mezzina R., eds (2014) Beyond the Walls 2: Psychiatric Deinstitutionalization in the eastern area of the WHO. Alpha beta Verlag, Meran, 137-151.
- Il manicomio può risorgere se non manteniamo alta la sorveglianza civile e democratica. Intervista a cura di Angela Allegría. Nuove Frontiere del Diritto, speciale 8/13, 186-199.
- Recovery e cittadinanza. Intervista in Una Città, n. 205, agosto-settembre 2013, 18-20
- Mezzina R. (2014) Community Mental Health Care in Trieste and Beyond: an Open Door / no Restraint System of Care for Recovery and Citizenship. The Journal of Nervous and Mental Disease, Volume 202, Number 6, June 2014, 440-5.
- Roberto Mezzina: (in stampa) Tra soggettività e istituzioni: da Franco Basaglia alla recovery. In Maone A., D'Avanzo B. Recovery. Nuovi paradigmi per la salute mentale, 2012, Cortina ed. Milano.
- Da desinstitucionalizacio a recovery e cidadania: notas de Trieste. In: Portas Abertas: Do Manicomio ao Território. Entrevistas Triestinas, Seabra Sade R.
- Rosen A, O'Halloran P, Mezzina R, and Thompson K: International Trends In Community Oriented Mental Health Services. In E. Mpofu (Ed.) "Community oriented health services: Practices across disciplines". NY: Springer, 2014.
- Empowerment: proceedings from Lille, January 2013, WHOCC Lille.

- Mezzina R., Marin I., Allott P. Recovery, Regaining Meaning from Experiences of Personal Suffering: a Person-Centred Approach. In Psychosocial Rehabilitation: Promoting diversity and ensuring equality, VII World Congress of World Association for Psychosocial Rehabilitation, Paris, 7-10 May 2000. Abstract book.
- Mezzina R e Ridente G. Recovery services. Annual meeting of the Royal College of Psychiatrists, 20-23 June 2005, Edinburgh. Programme, abstracts, papers and slide presentations.
- Mezzina R. Citizenship: the social dimension of recovery. In : Robertson S, Kellehear K, eds. Dancing to the beat of a different drum. Mental health, social inclusion, citizenship. The MHS Conference Book of Proceedings 2005. Sydney, Australia : The MHS Conference, 2006.
- Mezzina R. From Here to Recovery - transforming the Journey 18-19 September 2007, Centre for Mental Health Recovery, Hertfordshire. Abstract: Deinstitutionalization, citizenship and Recovery.
- Gianni Tognoni, Emanuela Terzian et al. Epidemiologia dell'appropriatezza e della sicurezza dei trattamenti farmacologici nella pratica assistenziale dei Servizi Psichiatrici Territoriali in "RIVISTA SPERIMENTALE DI FRENIAITRIA" 3/2007, pp. 125-147
- Mezzina R. Deinstitutionalization, Citizenship and Recovery. Abstract of Keynote presentation. "From here to recovery - Transforming the Journey". 18-19 September 2007, Centre for Mental Health Recovery, Hertfordshire.
- Davidson L, Mezzina R, Rowe M, Thompson K. A life in the community: Italian mental health reform and recovery. J Ment Health 2010 ; 19 : 436-43.
- Mezzina R Trieste: recovery: i servizi da centri di cura a centri di vita. In La salute mentale nelle terre di mezzo. Per costruire insieme politiche di inclusione nel Mediterraneo. Fogli d'Informazione terza serie n. 13-14, gennaio-giugno 2010. Anno XXXIX n. 217. p. 71-80
- Palcic S, Broussard P, Pettinelli A, et al. Studio comparativo sull'utilizzo dei farmaci antipsicotici nel territorio dell'ASS n.1 "Triestina". Giornale Italiano di Farmacia Clinica 2011 ; 25 : 4.
- Mezzina R. Can AO lead to a no bed policy? - Experiences from Italy. First European Congress on Assertive Outreach, EAOA, Rotterdam 5-7 October 2011
- Mezzina R Prefazione all'edizione italiana. 7-9. WHO CC for research and Training, Trieste (2011).
- Prevenire il suicidio in carcere. Le linee guida dell'OM e la realtà italiana. Manuale per operatori penitenziari e sanitari. A cura di Oretti e Castelpietra G. Dipartimento di Salute Mentale /WHO Collaborating Centre for Research and Training in Mental Health, ASS n. 1 Triestina, Dicembre 2012.
- Mezzina R Citizenship, Recovery and Crisis, Linking Social Action and Community-based Service. Contemporary TheMHS in Mental Health Services, Cairns Conference Proceedings 2012, TeMHS Conference, Cairns, Queensland, 31-38
- Mezzina R Keynote presentation: Citizenship, Recovery and Crisis, Linking Social Action and Community-based Service. Recovering Citizenship. Book of Abstracts, 22nd Annual TheMHS Conference 21-24 August 2012, Cairns, 28
- Mezzina R. Jenkins J., Topor A., Eriksen J., Rotelli F., Warner R., Cahill T., Rosen Rehabilitation and Service Change In The 21 Century: Change The Thinking, Change The Practice, Change The System - PART 1. 11th World Congress of World Association for Psychosocial Rehabilitation, Milan, 10-13 November 2012. Abstract Book, 96
- Rosen A, O'Halloran P, Mezzina R. International Trends in Community Mental Health Services. In McQuiston H, Feldman J & Sowers W, eds, Handbook of Community Psychiatry, New York Dordrecht Heidelberg London: Springer, 2012.

- Mezzina R Il cambio paradigmatico tra sistemi globali e soggetti. In Quarant'anni Fogli d'Informazione, terza serie n. 21/24, Anno XLI n. 221, Gennaio-Dicembre 2012, a cura di Paolo Tranchina e Maria Pia Teodori, 231-7.
- Beyond the walls 2. Oltre i muri 2. Psychiatric deinstitutionalization in the eastern area of WHO. La deistituzionalizzazione psichiatrica nell'area orientale della regione europea dell'OMS. A cura di Lorenzo Toresini e Roberto Mezzina, Edizioni Alphabeta Verlag, Merano, 2013.
- Introduction. Deinstitutionalization in the area of the ex-soviet union. Introduzione. La deistituzionalizzazione nell'area ex-sovietica. 11-25 e 137-151
- Bracco R, Mezzina R, Ridente P, Rucci P, Zanello E (2013). Il ruolo dei dipartimenti di salute mentale nella formazione e nell'inserimento al lavoro di persone con problemi di salute mentale. Un primo quadro nazionale fornito dalla ricerca PIL - Per l'Inserimento lavorativo. In L'inclusione sociale e lavorativa in salute mentale. Buone pratiche, ricerca empirica ed esperienze innovative promosse dalla rete Airsam (ed. R Barone, S Bruschetta, D'Alema M), pp. 172-186. Franco Angeli: Milano.
- Terzian E, Tognoni G, Bracco R, De Rugieri E, Ficociello RA, Mezzina R, Pillo G (2013) Social network intervention in patients with schizophrenia and marked social withdrawal: AA randomized controlled study. Can J Psychiatry. 58:622Y631.
- Mezzina R. La dialettica del volto nella decostruzione della psichiatria. Follia, istituzione, soggettività. In Etica ed estetica del volto, a cura di Semerari F, Mimesis, Milano 2013, 53-88.
- Intervista al prof Mezzina - il manicomio può risorgere se non manteniamo alta la sorveglianza civile e democratica. Le frontiere della mente. Speciale chiusura OPG, agosto 2013, 186-199
- Mezzina R Recovery e cittadinanza. Intervista di Bertoncini B, Una città, n. 205, agosto-settembre 2013, 18-20
- Mezzina R, Botter V, Marini A, Mulé P, Bonn R (a cura di) mhGAP Guida Interventi per disturbi mentali, neurologici e dovuti all'uso di sostanze in strutture sanitarie non specializzate della World Health Organization. Centro Collaboratore dell'Organizzazione Mondiale della Sanità per la Ricerca e la Formazione in Salute Mentale. Regione Autonoma Friuli Venezia Giulia, marzo 2017
- Qualcosa è cambiato? Aiutare i giovani a rischio di psicosi. A cura di Mezzina R, Luchetta C e Minisini C. ASS n. 1 Triestina, 2014.
- I disturbi psicotici all'esordio. Riconoscere e affrontare la psicosi migliora la ripresa. Manuale per insegnanti e coloro che operano a stretto contatto con i giovani. A cura di Mezzina R, Luchetta C e Minisini C. ASS n. 1 Triestina, 2014.
- Sistema salute mentale. Intervista di F. Sossi a R. Mezzina ne Il Punto, n. 59, giugno 2014, 10-12.
- Mezzina R. Community mental healthcare in Trieste and beyond. An "Open Door-No Restraint" system of care for recovery and citizenship. J Nerv Ment Dis 2014 ; 202 : 440-5.
- Mezzina R. Conditions and consequences of empowerment of clients and carers. The experience of Trieste. 4th International WHO Collaborating Centre for Research and Training in Mental Health Congress, Lille, France, 30-31st January 2014.
- Mezzina R. Presentation of indicators and preliminary results of the survey. Empowerment, Let's change our act. The WHOCC International Congress, 30-31 Jan. 2014, Lille, 78-79.
- Rosen A, O'Halloran P, Mezzina R, and Thompson KS. International Trends in Community-Oriented Mental Health Services. In Mpofu E, ed. Community-Oriented Health Services. Practices Across Disciplines., New York: Springer, 2014.
- Mezzina R. Subjectivity and institutions: from Franco Basaglia to recovery. Keynote speech at the INTERNATIONAL MEETING "Franco Basaglia's vision: mental health and

- complexity of real life. Practice and research", Trieste, 9-12 December, 2014. WHO CC for Research and Training in MH Trieste - Azienda per i Servizi Sanitari n.1 "Triestina"
- Mezzina R. Sistema salute mentale, intervista di Sossi F, *Il Punto*, n. 59, 2014, 10-12
 - Mezzina R. Da desinstitucionalizacao a recovery e cidadania: notas de trieste. In *Portas Abertas: do manicomio ao territorio. Entrevistas Triestinas*. Seabra Sade RM (ed). Cultura Acedemica Editora, Marilia, 2014, 181-215.
 - Mezzina R. Tra soggettività e istituzioni: da Franco Basaglia alla recovery. In *Recovery. Nuovi paradigmi per la salute mentale*, a cura di Maone A e D'Avanzo B, Cortina Milano 2015, 195-215.
 - Mezzina R Prescrivere salute mentale. Programmi e politiche sugli stili di vita, tra modelli di normalità e integrazione delle differenze. In *Stili di vita, senso della vita*, a cura di Semerari F, Guerini e Associati, Milano, 2015, 177-205
 - Mezzina R. Vivere al di là della malattia Il viaggio per riprendersi la propria vita, *Animazione Sociale*, 290, n. 3 marzo 2015, 38-47.
 - Portacolone, E., Segal, S. P., Mezzina, R., Scheper-Hughes, N., & Okin, R. L. (2015). A tale of two cities: the exploration of the Trieste public psychiatry model in San Francisco. *Culture, Medicine, and Psychiatry*, 39(4), 680-697
 - Mezzina R. Subjectivity and institutions: from Franco Basaglia to recovery. *Imaginación, Regresión y Recuperación en la psicosis*, 28-29 de Noviembre 2015, Madrid. XX Curso Annual de Esquizofrenia. Book of abstract.
 - Mezzina R. Person-key services: an international emerging evidence from reforms in community mental health - Trieste and beyond. 12th World Congress of World Association for Psychosocial Rehabilitation, WAPR. Seoul, Korea, 2-5 November 2015. Abstract book.
 - Mezzina R. Meet the expert - Empowering services: working with people with lived experience, carers and community - examples from the Trieste experience. 12th World Congress of World Association for Psychosocial Rehabilitation, WAPR. Seoul, Korea, 2-5 November 2015.
 - Mezzina R, Ridente G. La trasformazione della residenzialità a Trieste verso l'abitare supportato. *Nuova Rassegna di Studi Psichiatrici* 2015; 12. www.usl7.toscana.index.php/nrsp.
 - Mezzina R. E' giunto il tempo dei soggetti in prima persona. *Sconfinamenti* n. 30, 2016, 8-25.
 - Mezzina R. Benessere e salute mentale. In *Il Punto*, marzo 2016, 14-15
 - Sashidharan, S. P., White, R., Mezzina, R., Jansen, S., & Gishoma, D. (2016). Global mental health in high-income countries. *The British Journal of Psychiatry*, 209(1), 3-5.
 - Mezzina R Creating mental health services without exclusion or restraint but with open doors. Trieste, Italy. *La santé mentale en France et dans le monde. L'Information psychiatrique* 2016 ; 92 (9) : 747-54
 - Killaspy, H., Cardoso, G., White, S., Wright, C., de Almeida, J. M. C., Turton, P., Mezzina R... & Brangier, P. (2016). Quality of care and its determinants in longer term mental health facilities across Europe; a cross-sectional analysis. *BMC psychiatry*, 16(1), 31.
 - Ridente, P., & Mezzina, R. (2016). From residential facilities to supported housing: the personal health budget model as a form of coproduction. *International Journal of Mental Health*, 45(1), 59-70.
 - Gruppo di lavoro "Principi e problemi bioetici nella cura delle persone con problemi psichiatrici". Verbale del 25 febbraio 2016, Comitato Nazionale di Bioetica, Roma.
 - Mezzina R. La contaminazione tra psichiatria e giustizia in Gran Bretagna. *Aut-aut*, 370, 2016, 74-91

- Beyond the walls 3. Oltre i Muri 3. Psychiatric deinstitutionalization in Italy and in Romania. La deistituzionalizzazione psichiatrica in Italia e in Romania. A cura di Toresini L e Mezzina R. Alphebeta Verlag, Meran, 2016.
- Mezzina R. Il Progetto di Cooperazione Internazionale in Romania: pronti per il cambio paradigmatico, 11-14.
- Mezzina R. La Deistituzionalizzazione nei paesi dell'Europa dell'Est, 51-58
- Mezzina R. Proiectul de Cooperare Internationala in Romania: Schimbarea de Paradigma, 215-219.
- Mezzina R. Dezinstitutionalizarea in tarile est-europene: rolul Centrului de Colaborare cu OMS din Trieste in procesul de reforma, 259-266.
- Mezzina R. The International Cooperation Project in Romania: Ready for the Paradigm Shift, 419-422.
- Mezzina R. Deinstitutionalisation in East European Countries. The role of the WHO Collaborating Centre of Trieste in the reform process, 455-461.
- Mezzina R. Per una discussione critica sul tema della "recovery" in Italia e in Europa - Por Uma Discussao Critica Sobre o Tema "Recovery" na Italia e na Europa. In: Mental Health Reform in Brazil and the Recovery Movement: Practices, Experiences, and Models. A Special Issue of Cadernos Brasileiros de Saude Mental (Brazilian Journal of Mental Health), Michael Rowe and Graziela Reis, Guest editors.
- Mezzina R. Re: Is psychiatry becoming more coercive? BMJ 2017;357:2904.
- Mezzina R. E dopo? Alfabeta2, Speciale / Franco Basaglia, l'unica rivoluzione italiana, 21 ottobre 2017.
- Mezzina R. Community Mental Health Services with open door and no restraint - Trieste, Italy. In Boas Praticas: caminos e descaminos no proceso de desinstitutionalizacao. Marilia, Oficina Universitaria, Sao Paulo, Cultura Academica, 2017, 11-40
- Tra soggettività e istituzioni: da Franco Basaglia alla recovery. In Boas Praticas: caminos e descaminos no processo de desinstitutionalizacao. Marilia, Oficina Universitaria, Sao Paulo, Cultura Academica, 2017, 41-59.
- Mezzina R. Servicios comunitarios de salud mental con puertas abiertas y sin restricciones en Trieste, Italia. Topia, Psicoanálisis, sociedad, cultura, Año XXVII, 81, Noviembre 2017.
- Mezzina R. Friuli Venezia Giulia - Aurisina. Seconda Relazione Semestrale sulle attività svolte dal Commissario unico per il superamento degli Ospedali Psichiatrici Giudiziari Franco Corleone, 19 agosto 2016-19, febbraio 2017. All. B: Contributi delle Rems, 104-111. Senato della Repubblica.
- Mezzina R. Servizio "forte" ed integrazione: organizzare le risorse. Nuova Rassegna di Studi Psichiatrici, Vol. 15 - 10 Novembre 2017
- Fasci A, Botter V, Pascolo-Fabrizi E, Wolf K, Mezzina R. Il progetto di cura personalizzato orientato alla recovery. Studio di follow up a 5 anni su persone con bisogni complessi a Trieste. Nuova Rassegna di Studi Psichiatrici, Vol. 16 - 28 Marzo 2018
- Speh D, Casadio R, Mezzina R. Farmaci e complessità: fattori di contesto e aderenza al programma terapeutico nei servizi territoriali. Nuova Rassegna di Studi Psichiatrici, Vol. 16 - 28 Marzo 2018
- Mezzina R, Rosen A, Amering M, Javed A (2018). The practice of freedom: human rights and the global mental health agenda. In Advances in Psychiatry (ed. KD Fountoulakis, A Javed). Springer: New York, 483-515
- Mezzina R. Forty years of the Law 180: the aspirations of a great reform, its success and continuing need. Epidemiology and Psychiatric Sciences (2018), 27, 336-345. Cambridge University Press. doi:10.1017/S2045796018000070
- Rosen A, Mezzina R, Shiers D. Why so few specific recommendations for psychiatry's future? www.thelancet.com/psychiatry, Vol 5 January 2018, 1.

- Barone R, Mezzina R, Pellegrini P (a cura di) Programma del Coordinamento Nazionale delle Rems. In Manicomi Criminali. La rivoluzione aspetta la riforma, a cura di Corleone F, Quaderni del Circolo Rosselli, Pacini Editore, Pisa, n. 1, 2018,
- Barone R, Mezzina R, Pellegrini P (a cura di) Commento alla proposta di riforma delle misure di sicurezza personali. Audizione del Coordinamento Nazionale Rems, 24 Novembre 2017. Commissione per la riforma del sistema normativo delle misure di sicurezza personali e dell'assistenza sanitaria in ambito penitenziario, specie per le patologie di tipo psichiatrico e per la revisione del sistema delle pene accessorie D.M. 19.7.2017 in attuazione della legge 103/2017.
- In Manicomi Criminali. La rivoluzione aspetta la riforma, a cura di Corleone F, Quaderni del Circolo Rosselli, Pacini Editore, Pisa, n. 1, 2018, 141-157
- Sashidharan, S., Mezzina, R., & Puras, D. (2019). Reducing coercion in mental healthcare. *Epidemiology and Psychiatric Sciences*, 28(6), 605-612. doi:10.1017/S2045796019000350
- Mezzina R. Pena e cura. Le risposte attuali dei servizi di salute mentale alla luce della chiusura degli Ospedali Psichiatrici Giudiziari. In “Salute nella polis carceraria: evoluzione della medicina penitenziaria e nuovi modelli operativi”, a cura di Rosanna Mancinelli, Marcello Chiarotti, Sandro Libianchi. Rapporto ISTISAN 19/22, 47-62. Istituto Superiore di Sanità, 2019. <http://old.iss.it/publ/index.php?lang=1&id=3215&tipo=5>
- Experiencias triestinas / Paula Micaela Abelaira... [et al.]; compilado por Paula Micaela Abelaira - 1a ed. - San Luis: Nueva Editorial Universitaria - UNSL, 2020. Libro digital, iBook. Archivo Digital: descarga ISBN 978-987-733-225-4 Experiencias triestinas. Entrevista a Roberto Mezzina. Gestión y práctica: Cómo pensar los servicios, 51-70
- Mezzina R. Mental health services, individuals and the ‘social body’ at the time of the coronavirus. 17 March 2020. Available from: <https://imhcn.org/>
- Fantuzzi C, Mezzina R. Dual Diagnosis Dual diagnosis: A systematic review of the organization of community health services. *International Journal of Social Psychiatry*, Vol. 66(3) 300–310
- Fantuzzi C. Mezzina R. Doppia diagnosi: una revisione sistematica sull’organizzazione dei Servizi sanitari territoriali. *Nuova Rassegna Studi Psichiatrici*, Vol. 19, 21 gennaio 2020
- Gopikumar V, Padgett D, Sarin A, Mezzina R, Wilford A and Jain S. Mental health concerns. *Frontline*, Print edition : April 24, 2020
- Mezzina, R. The Italian Mental Health Reform: Theory and practice of the Italian experience. Strengthening child and adolescent mental health services and systems. A regional perspective. Under the patronage of HRH Princess Muna Al Hussein. Proceedings of the 1st Regional Conference on Mental Health – Jordan, 2-3 October 2019
- Vidoni D, Berna G, Garino D, Dionis O, Mezzina R. Transizione tra età diverse e servizi integrati. Il lavoro congiunto tra servizi per l’età evolutiva e CSM a Trieste. Il progetto “qualcosa è cambiato”. In *Psichiatria dell’adolescente. Aspetti clinici e metodologici della transizione*, a cura di Diavoleto A. e Rigon G. Aracneeditrice, Gioacchino Onorati ed., Canterano (RM), ISBN 978-88-548-xxxx-x. DOI 10.4399/97888548xxxxx18 pag. 169–180, luglio 2017
- Mezzina R. Diritti umani e libertà fondamentali. La lezione della psichiatria a Trieste a 40 anni dalla legge 180. Convivere con Auschwitz. 5° Convegno. Il rafforzamento del Dover della Memoria per la Pace e la Democrazia nell’ottantesimo dal preannuncio a Trieste delle famigerate “leggi razziali”. 25 gennaio 2018. Università degli Studi di Trieste, p. 70-75.
- De-Institutionalisation and Community Living since 1980. Italy/Trieste Mental Health Department & WHOCC. Zero project, Innovative Practice 2015: 218. <https://zeroproject.org/practice/mental-health-department-whocc-italytrieste/>
- Casadio R., Marin, I.C., Thomé, T., Mezzina, R., Baker, P., Jenkins, J., Pérez, P.M. and Pocobello, R. (2018), The Recovery House in Trieste: rational, participants,

intervention as the “work”, *Therapeutic Communities: The International Journal of Therapeutic Communities*, Vol. 39 No. 4, pp. 149-161. <https://doi.org/10.1108/TC-01-2018-0003>

- Oliveira, T.T., Seni, S., Marin, I., Casadio, R., Pocobello, R., Baker, P., Jenkins, J., Mezzina, R. (2018). The recovery house in Trieste: beginning of a recovery journey in an innovative experience. *Journal of Recovery in Mental Health* Vol. 2 No. 1 Fall 2018
- Mezzina R. Social Firms Europe CEFECE. 33rd Annual Conference, 16-18 June, Trieste. Introduzione. *Sconfinamenti* n. 35, Ottobre 2019, 15-17.
- Mezzina R. Sessione n. 2. Rapporto: Il lavoro del/nel Dipartimento di Salute Mentale. Per un Centro di Salute Mentale regista della cura nel territorio. Conferenza Nazionale Diritti Libertà Servizi, Roma, 14-15 giugno 2019. <http://www.conferenzasalutementale.it/wp-content/uploads/2019/07/2-RAPPORTO-MEZZINA-data.pdf>
- Mezzina R, Sashidharan SP, Rosen A, Killaspy H, Saraceno B. Mental health at the age of coronavirus: time for change. *Social Psychiatry and Psychiatric Epidemiology*, published online, 29 May 2020. <https://doi.org/10.1007/s00127-020-01886-w>
- Mezzina R. Salute mentale: servizi, individui e corpo sociale all’epoca del coronavirus. *Souq* on line, n. 21, aprile 2020.
- Mezzina R, Daniels I. Appeal for National Plans for Mental Health during the Coronavirus Global Emergency. 21 April 2020. <https://wfmh.global/mental-health-and-covid-19-appeal/>
- Mezzina R. Post-Covid-19: quali politiche sanitarie per quali stili di vita? L’impossibile normalizzazione della società del rischio e la sfida dei diritti. In *Nuova Rassegna Studi Psichiatrici*, Vol. 20, 3 giugno 2020.
- Mezzina, R. Mental Health and Covid-19: A Need For Action. In *WMHD 2020: Mental Health for all: Greater Investment-Greater Access*. World Federation for Mental Health. https://wfmh.global/img/what-we-do/past-events/2020-wmhd/WMHD2020_v16_resized.pdf
- Gopikumar V, Padgett DK, Sarin A, Mezzina R, Willford A, Jain S. Mental Health and the Coronavirus: A Global Perspective. *World Soc Psychiatry* 2020;2:88-93.
- Mezzina R. Riflessioni per i Servizi di Salute Mentale nella “Fase 2”: non ghettizzare ulteriormente, non psichiatrizzare il disagio sociale, inventare nuove forme di welfare. Intervista di Luca Negrognolo, Blog Fondazione Minguzzi, Bologna, aprile 2020. <https://unacertaideadi.altervista.org/2020/04/riflessioni-per-i-servizi-di-salute-mentale-nella-fase-2-dellemergenza-covid-19/>
- Mezzina R. Basaglia after Basaglia: recovery, human rights, and Trieste today. In “From Asylum to Community. Basaglia’s International Legacy”, Burns T and Foot J, eds., Oxford University Press, 2020, 43-67.
- Mezzina R. Un nuovo Welfare Comunitario per la Salute Mentale. *Welfare Oggi* n. 3, 2020, 9-22.
- Mezzina, R. El empleo en la salud mental y las cooperativas sociales: experiencias, investigaciones y recomendaciones de Italia. *Rev. Asoc. Esp. Neuropsiq.* 2020; 40(137):344-364
- Mezzina R, Da Col P. Valore e rilevanza della cooperazione sociale nell’inserimento socio-lavorativo delle persone con disturbo mentale. Un quadro complessivo. *Sistema Salute*, 65, 1 2021: pp. 114-131.
- Mezzina R., Marin I. "Trabalho e Recovery: Das Políticas para os Indivíduos". *Cadernos Brasileiros de Saúde Mental/Brazilian Journal of Mental Health*, April 2021
- Mezzina R, Ferri M. Introduzione alla sessione su: La qualificazione e l’organizzazione dei servizi per una salute mentale di comunità. Atti di “Per una Salute Mentale di Comunità, 2a Conferenza Nazionale per la Salute Mentale, promossa dal Ministero della Salute, Roma, 25-26 Giugno 2021, 41-44. https://www.salute.gov.it/imgs/C_17_EventiStampa_583_0_fileAllegatoIntervista.pdf

- Mezzina R, Sashidharan SP. Socioeconomic Inequalities and mental health - proposed actions. The European perspective. Regional Position Statement Europe. 172-184. In WMHD 2021: Mental Health in an Unequal World. Together We Can Make a Difference. World Federation for Mental Health, 2021. https://wmhd2021.com/wmhd2021_educational-material.pdf
- Mezzina R. Trieste 50 years after: a more humane, person-centred whole system of care is now at risk. Roberto Mezzina. *WAPR Bulletin*, 47, December 2021, 24-31.
- Mezzina, R., Gopikumar, V., Jenkins, J., Saraceno, B. & Sashidharan, S.P. (2022). Social Vulnerability and Mental Health Inequalities in the “Syndemic”: Call for Action. *Frontiers in Psychiatry*. 13. 894370. 10.3389/fpsy.2022.894370. https://www.researchgate.net/publication/360940215_Social_Vulnerability_and_Mental_Health_Inequalities_in_the_Syndemic_Call_for_Action/citation/download
- Mezzina R. La pena y la cura. Servicios de salud mental en Italia después del cierre de los hospitales psiquiátricos judiciales. *Revista de la Asociación Española de Neuropsiquiatría*. Volumen 42 Número 141 Enero-Junio 2022, 227-250.
- Mezzina, R., Gopikumar, V., Jenkins, J., Saraceno, B. & Sashidharan, S.P. (2022). Disuguaglianze e vulnerabilità in salute mentale durante e dopo la pandemia. Un piano globale. *Welfare Oggi*, n. 3, luglio-settembre 2022, 3-13
- Rosen A, Mezzina R, Maus Feldman J. International Trends in Community Mental Health. In Sowers WE, McQuiston HL, Ranz JM, Maus Feldman J, Runnels PS, eds. *Textbook of Community Psychiatry*. American Association for Community Psychiatry Second Edition. Springer Nature Switzerland, 2022, 863-890. <https://doi.org/10.1007/978-3-031-10239-4>
- Mezzina, R. *Innovations in community mental health service delivery*. World Bank, January 2025.

Roberto Mezzina

16 June 2025

