

# C.V



**Dr. Walid Sarhan**

**Senior Consultant Psychiatrist.**

**Member and Fellow of the Royal College of Psychiatrists-UK**

**International Distinguished Fellow of the American Psychiatric Association**

**Honorary member of the World Psychiatric Association**

**D.O. B.: 20.11.1954 AMMAN.**

**Nationality: Jordanian**

## **QUALIFICATIONS**

- **M.B.B.Ch. Ain Shams Medical School, Cairo-Egypt 1979.**
- **Membership of the Royal College of Psychiatrists (U.K) 1985.**
- **Jordanian Medical Council Certificate-psychiatry 1985.**
- **Fellowship of the Royal College of Psychiatrists (U.K) 1996.**
- **Certified trainer of CIDI – WHO 2008.**
- **International member of the American Psychiatric Association since 2008.**
- **Master psychopharmacology program -Neuroscience Education Institute 2022 – USA.**

## **Honor prizes**

- **Fellow of the Royal College of Psychiatrists (London) 1996**
- **Pioneers in psychiatry – Jordanian Association of Psychiatrists 1998**
- **International Distinguished Fellow of the American Psychiatric Association 2013.**
- **Award of Firmly Grounded in Psychological Science by the Arabpsynet 2014.**
- **Awarded honorary membership of the World Psychiatric Association.**
- **Elected as the personality of the year 2021 by the Arabpsynet 2021.**

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- The translated book, The Oxford Textbook of Psychiatry, has been named the best book in the psychological sciences in the Arab world by Arabpsynet 2022.
- Elected as the best Arab physician -in psychiatry for the year 2022 by the Arab Group-UK.
- King Abdullah II ibn Al Hussein's Order of Excellence first class

## **EXPERIENCES:**

- Internship in medicine and surgery at Italian Hospital - Amman-Jordan (1980- 1981).
- Psychiatric Resident - Ministry of Health, the National Center of Mental Health Jordan (1981-1982).
- Psychiatric Senior House Officer and Registrar, covering general adult psychiatry, psycho geriatrics, child and adolescent psychiatry, mental handicap, and community psychiatry in the U.K. attached to Warley Hospital rotation scheme (Hovering, Barking, Brentwood Area- Health Authority), Northeast Thames Region (1982-1985).
- Consultant Psychiatrist and Academic Director of the National Center for Mental Health-Jordan, Where I established the training scheme which is recognized for the Jordanian Medical Council Certificate and the Arab Board for high medical specialties (1985-1986).
- Supervising several special education centers and schools for special education dealing with childhood disorders, autism, and disintegrative psychosis as well as mentally handicapped children of all categories and grades.
- Consultant in Aviation psychology and psychiatry for Royal Jordanian Airlines (1986-1996).
- Consultant psychiatrist- private clinic (1986-to date) Amman – Jordan.
- General Manager – Al-Rashid Private psychiatric hospital and consultant psychiatrist in the same hospital (1996-2005) in Jordan.
- Consultant psychiatrist, Private Clinic (2005–now). Amman –Jordan.
- Supervising consultant for the Arab city for comprehensive care of persons with special needs. Amman—Jordan 2012, July–December 2012.
- Chiaman of the committee running the first-ever Hybrid Psychiatric Residency program for Northwest Syria in collaboration with the European Union February 2024 -2028

## **LICENCES:**

- The Jordanian Medical Association - 1980.
- The Jordanian Ministry of Health - 1980.
- The General Medical Council permanent registration [U.K.] – 1985.
- The Jordanian Medical Council - 1985.

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## **Humanitarian work:**

- I have been involved with refugees to Jordan and victims of torture in the region.
- I have been providing training and education in areas of military conflicts.
- Hosting TV and radio programs to raise awareness.
- Writing regularly in daily newspapers and social media.
- Visiting schools and universities to talk about addiction and mental health.
- Organizing conferences to promote mental health.
- Keeping the Arab journal of Psychiatry going on since 1989 despite a lack of resources.
- Providing free consultations to colleagues in the region.
- Visiting most Arab countries to give talks even in remote areas.

## **POSITION AND MEMBERSHIPS:**

- Member of the Executive committee of the third Pan Arab Conference on Psychiatry, Amman, Jordan 1987.
- Member of the organizing committee of the fourth Pan Arab Conference on Psychiatry, Sana'a, Yemen 1989.
- Member of the psychiatric committee of the Jordanian Medical Council, and examiner for the Jordanian Board in psychiatry (1990-1999).
- President of the Jordanian Psychiatric Rehabilitation Society, Al-Fuhais, Jordan (1989-1992).
- Member of the National High committee for the prevention of crime and suicide. Amman-Jordan between (1988-1990).
- Member of the national committee for prevention of Addiction (1985-1986).
- Member of the drug addiction monitoring committee in the Ministry of Health (1990-1996).
- Member of the national committee for the prevention of AIDS between (1990-1993).
- General Secretary of the Jordanian Psychiatric Society (1989-1990).
- Assistant Secretary-General of the Arab Federation of Psychiatrists (1989-1994).
- Deputy Editor of the Arab Journal of Psychiatry since 1989.
- Member of the World Federation for Mental Health since 1986.
- Chief Editor of "The Family Doctor" journal addressing the public (1996- 1998).
- Member of several voluntary organizations in Jordan (prevention of road traffic accidents, Anti-smoking campaign, social defense).
- Member of the organizing committee of the fifth pan-Arab conference on psychiatry Casablanca-Morocco 1992.
- Member of the organizing committee of the sixth pan-Arab conference on Psychiatry Cairo-Egypt 1994.
- Member of the advisory board of the seventh pan-Arab conference on psychiatry Beirut-Lebanon 1996.
- Representative of Jordan in the Middle East section of the Royal College of Psychiatrists.

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- The Organizer of the Regional Meeting of the Royal College of Psychiatrists- Amman 2000.
- Member of the Executive committee of the second Mediterranean Congress on sexual dysfunctions and the symposium of International Symposium on male sexual surgery of erectile Dysfunction Amman 2002.
- Member of the adviser board of the Arabpsynet since 2003.
- Member of the advisory board of the scientific committee of the XIII the world congress of psychiatry, September 2005 Cairo.
- Member of the advisory board of the fifth Pan Arab Neurosurgical Society Congress 23-25 Sept 2004.
- Member of the scientific committee of the First International Scientific Convention of the Jordan Society for Islamic Studies Amman July 2004.
- Member of the Jordanian high national committee for mental health 2005-02-21.
- International member of the American Psychiatric Association 2005
- Elected member of the executive committee of the Middle East international division of the Board of International Affairs 2005.
- Member of the scientific committee of the Royal College of psychiatrists-Regional meeting-Lebanon-March 2007.
- Editing Director of the Arab Journal of Psychiatry 2008.
- Member of the international editorial board of the current psychiatry journal – Egypt 2008.
- Member of the board of the Arab Federation of Psychiatrists 2008.
- Head of the editing and publishing section in the Arab Federation of Psychiatrists 2008.
- Consultant of UNICEF for child mental health 2009.
- The chairperson of the scientific committee of the first international congress of the Jordanian Association of Psychiatrists Amman 6 – 9 April 2010.
- Member of the official Journal of the WPA (World Psychiatry) editorial board - the Arabic edition – 2010-2013.
- The chief editor: The Arab Journal of Psychiatry 2010 -2022.
- Member of the executive committee of the Arab Federation of Psychiatrists 2010.
- Zonal representative of the World Psychiatrists Association: The Middle East region zone 12 from September 2011 to October 2017.
- Member of the advisory board of the Burning issues in psychiatry 27-28 October 2011-Lebanon.
- Associate Editor- International Psychiatry- The Royal College of Psychiatrists-UK –November 2011.
- Co-chairman of the congress and chairperson of the scientific committee of the second international congress of the Jordanian Association of psychiatrists 6-8, 2012, Amman-Jordan.
- Member of the Editorial Board of the British Journal of Psychiatry – Middle East Edition- November 2011-2013.
- Member of the organizing committee of the WPA Thematic Conference “Mental Health and Mental Illness: Focusing on Eurasia “in Yerevan, Armenia August 29/31-2013.

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- Member of Honorary Advisory Committee in the World Psychiatric Association Congress 2013 – Austria – Vienna 27 – 30 October 2013.
- Vice-President Caucus on Spirituality, Religion and Psychiatry American Psychiatric Association May 2013-May 2015.
- Co-chairman of the conference and chairman of the scientific committee of the third international conference of the Jordanian Association of Psychiatrists – June 2014.
- Member of the scientific committee of the 20<sup>th</sup> WFMH 2015 conference – Cairo-16-19 October.
- Member of the international advisory board of WPA International Congress of psychiatry 18-22 November 2015 Taipei-Taiwan.
- Honorary president and chairman of the scientific committee of the 4<sup>th</sup> Jordanian Conference on psychiatry and the 134<sup>th</sup> pan Arab Conference on psychiatry Amman- Jordan 20-22 October 2016.
- Member of the advisory board of the 5<sup>th</sup> child and adult behavior health 12-13 January 2017-Abu-Dhabi –UAE.
- Member of the editorial board of the Journal of Anxiety & Depression 2018-now.
- Member of the international editorial board of (Middle East Current Psychiatry Journal)-Egypt 2019-now.
- Assistant editor-journal of Educational and psychological sciences – Algeria-2020 -now.
- Reviewer at Disaster Medicine and public health preparedness February 2020.
- International member of the American Psychological Association 2021-2023
- Member of the editorial board of the Egyptian Journal of Psychiatry 2021.
- The honorary president of the 6<sup>th</sup> Jordanian Psychiatric Conference - Amman -Jordan, 25-26 August 2022.
- Member of Global Advisory Board -Human Dignity and Humiliation Studies 2022.
- The president of the first mental health conference 24-26 May 2023-Amman Jordan
- The honorary editor of the Arab Journal of Psychiatry March 2023.
- Reviewer for BJPsych International 2023
- Member of the editorial board of the Royal Medical Services Journal in Jordan 2024

## **TEACHING:**

- Lecturing and participating in teaching and scientific activities in the National Center for Mental Health-AI-Fuhais 1985-1998.
- Lecturing in general hospitals for other specialists on psychiatric topics (Al-Bashir and Islamic hospitals in Amman).
- Lecturing in the continuous medical education activities of the Jordanian Medical Association.
- Lecturing in the police academy and the judicial institute.
- Lecturing in the Jordanian Medical Council Continuous education program.

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- Lecturing in the Middle East region for medical staff.
- Lecturing at Amman Al-Ahlia University - Amman - Jordan - the program of Master Clinical Psychology – 2010 -2012.
- Honorary international visiting professor University Medical College- Chennai- India January 2012.
- Participating in the resident's educational program at the National Center of Mental Health – Al-Fuhais – Jordan 2012.
- Associate editor of the International Journal of the Royal College of Psychiatrists 2011-2014.
- Running Zoom educational program twice weekly for the Middle East region since March 2020.
- Teaching in Master of Clinical Psychology at Aleppo Free University and Asharq University in Syria starting in 2024.

## **DEVELOPING PSYCHIATRIC TRAINING:**

- Established the training program at the National Center for Mental Health – in Jordan.
- Representing the Arab Federation of Psychiatrists in front of the Arab Council of Ministers of Health to establish psychiatry on the list of specialties of the Arab Board of Medical specialties to lay down the rules of training and examination in psychiatry (1991).
- Establishing the training program at Al-Rashid Hospital in 1996. Approved by the Jordanian Medical Council and the Arab Board for medical specialties.
- Chairman of the technical lead committee and instructor in the psychiatric residential program in Northwest Syria supported by the European Union 2024.

## **PROMOTION OF MENTAL HEALTH:**

- Public education through lectures, articles in the newspapers and magazines, radio, and television programs.
- Participation in the activities of different Jordanian agencies and institutions e.g., the Ministry of Health, Medical Association, and General Union of voluntary organizations.
- Establishing member of the Medical Aid for Palestinians (Charity Organization).
- Hosting a weekly TV program on human conduct (1992-1994), 120 half an hour episode.
- Weekly radio talks for 3 years, 1990-1993.
- Hundreds of articles in magazines and newspapers.
- Presenting a TV program on child upbringing (2001).
- Presenting T.V. program [people's problems] 2005.
- Presenting T.V. program (relax) 2009.
- Starting the campaign to fight the stigma of mental illness in the Arab world.

## **PAPERS:** **(ENGLISH LANGUAGE)**

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- A review of the new Benzodiazepine Alprazolam - the International Egyptian Conference on Psychiatry - Cairo 1988.
- One-year experience with alprazolam, an open clinical trial, presented in the fourth pan-Arab conference on psychiatry, Sana'a, 1989. In addition, was published in the supplement of the Arab journal of psychiatry (volume 1, No.2. May 1990).
- Review article on lithium published in the Bulletin of the consulting medical laboratories, Amman 1990.
- Open clinical trial on Moclobemide CO - Author Dr. A. Takriti, presented in the fifth Pan-Arab conference in Casablanca.
- Panic disorder: An article published in HIKMA bulletin (volume 5. No.2 Sept. 1991).
- Open clinical trial on Fluvoxamine on 120 patients, presented in the Egyptian Psychiatric Association Cairo -1994 meeting.
- A study on one thousand patients to show the pattern of presentation in private psychiatric practice in Amman, presented in the 6th pan Arab Conference on Psychiatry, Cairo, 1994. CO- Author Dr. B. Abdel Rahim.
- Long-term treatment of schizophrenia with Risperidone (An International, Multicenter, Open-Label Trial. Ris- Int-36) N. Abu-Hijleh, A. Takriti, W. Sarhan, A. Saad.
- A study on the profile of addiction at Al-Rashid hospital -Co-author Dr. K. Mughrabi. The Royal College of Psychiatrists Meeting Amman. Sept. 2000.
- Substance abuse among patients with social phobia, Co-author Dr. M. Habashneh. The Royal College of Psychiatrists Meeting - Amman. Sept. 2000.
- The personality profile among 50 patients with Substance Misuse, co-authored by Dr. J. Al-Khatib. The Royal College of Psychiatrists Meeting. Amman. Sept. 2000.
- Private practice of psychiatry in Jordan: paper presented to the Royal College of Psychiatrists Meeting. Amman, Sept. 2000.
- Ethical and legal issues and dementia, April 2001, presented at the Middle East conference on Alzheimer's disease / Cyprus.
- Differential Diagnosis of dementia - April 2001, co-authors A. Kurdi, A. Mubaideen, Presented to the Middle East Conference on Alzheimer's Disease / Cyprus.
- The profile of substance abuse in a private psychiatric hospital in Jordan. Co-author K. Mughrabi- Ibid, the first conference of the medical school - Jordan University of Science and Technology, April 2001.
- Depression and myocardial infarction, Royal Medical Services Conference – Nov. 2001. Amman.
- Sexual knowledge, attitude, and behavior among married Jordanian women, paper presented to the 2nd Mediterranean conference on sexual dysfunction and the 3rd international symposium of surgery of dysfunctions, June 2002, Amman.
- The effect of male sexuality on female sexual dysfunctions a clinical perspective in the Arab culture. Paper presented to the second Mediterranean conference on sexual dysfunctions and third international symposium on surgery of erectile dysfunction June 2002 Amman.
- Sexual knowledge attitude and behavior among single Jordanian men presented to the Royal Medical Conference Amman October 2003.
- Depression and ischemic heart disease: review article –the Arab journal of psychiatry (2003) vol.14 No.2 page (82-87).

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- **Suicide: psychiatric and Islamic perspectives.**
- **The first International Scientific Convention Society for Islamic Studies Amman – July 2004.**
- **Psycho-oncology Review the Fifth Pan Arab Neurosurgical Congress Sep.2004.**
- **Psychiatric aspects of gastrointestinal disorders. The Jordanian. GIT conference- Amman Sept. 2005.**
- **Addiction: lecture at the Jordanian pharmacists' conference sept.2005- Amman.**
- **Psychiatric aspects of Menopause-The Jordanian conference of obstetrics and Gynecology-Amman March 2006.**
- **Addiction: The First Zarqa Medical conference March 2006.**
- **Psychiatric aspects of Hypertension – The Jordanian society for hypertension conference- April 2006 Amman.**
- **Psychiatric Presentation of Dementia in Jordan co-author – Jamal Khatib-Arab Journal of Psychiatry (2007) vol.18. No.2 Page (108-115).**
- **Update on Atypical Antipsychotics in Schizophrenia – lecture the first international congress of the Jordanian Association of Psychiatrists 6 – 9 April 2010 – Amman.**
- **Metabolic Syndrome in patients treated with Atypical Neuroleptics. The first International Congress of the Jordanian Association of Psychiatrists 6 – 9 April 2010 – Amman.**
- **Sexual Knowledge, the attitude among married Jordanian men. Research paper with Wael Samarra. The first international congress of the Jordanian Association of psychiatrists 6 -9 April 2010 – Amman.**
- **Attitude, Knowledge & Behavior of physicians to ward psychiatry, Research paper with Baha Tabaza, The first international congress of the Jordanian association psychiatrists 6 – 9 April 2010 - Amman.**
- **The metabolic syndrome: The role of the psychiatrists-the WPA regional meeting 26-28 January- 2011–Cairo- Egypt.**
- **The use of antidepressants in bipolar depression – October 2012 Beirut-Lebanon burning issues in psychiatry.**
- **Update on bipolar depression –the annual meeting of the Indian psychiatric association –India- January 2012.**
- **Internet sex addiction Clinical experience Cross Hospital Congress 20 - 21 April 2012 Beirut – Lebanon.**
- **Islamic Religious Experiences and Concepts in Clinical Psychiatric Practice, APA-Philadelphia 2012.**
- **The state of science in mental and behavioral disorders in the Arab region: research needs and relevance to classification. The Arab Journal of Psychiatry May (2012) Vol. 23 No. 1 Supplement Page (1-11).**
- **Psychiatric aspects of polygamy in Jordan. The Arab journal of psychiatry November (2012) vol.23.no.2 Page (132-137).**
- **Mental health law in Jordan-International Psychiatry journal -Volume 10 Number 4 NOVEMBER 2013(90-91).**
- **Co-author of chapter eighteen (International Perspectives on Ethical Issues in Religion and Psychiatry) with Wai Lun Alan Fung in the book (Ethical Consideration at the Intersection of psychiatry and religion) Edited by J.R.**



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Peteet, M. L. Dell, Wai Lun Alan Fung: Published by OXFORD university press 2018-printed by Sheridan Books, Inc., United States of America.

- The Contribution of Arab Islamic Civilization to Mental Health.
- The Arab Journal of Psychiatry (2018) Vol. 29 No.1 Page (57 – 66) (doi. 10.12816/0046445) by -Walid Sarhan.
- Translation of Shorter Oxford of Psychiatry to Arabic language 2021.

### **(ARABIC LANGUAGE):**

- A review of the literature on the methods to stop smoking presented to the symposium (the Arab action against smoking) Amman 1988.
- Child separation from parents (review and discussion of the Jordanian family): Symposium on the Preventive Aspects of mental Health - Jordan University Amman-1988.
- The Psychology of smoking. A contribution to the Jordanian Anti-Smoking Campaign-Amman 1989.
- The Arab and Islamic civilization contribution to psychiatry: A review article Co-Author Dr. Ali Kamal, Arab Journal of Psychiatry (Volume 1, No 1, 1989).
- Child Abuse (physical and psychological, causes and consequences) a review paper raising the problem in Jordan-Symposium organized by the National Organization for childcare and education - Amman- 1988.
- Causes of Drug abuse and addiction. Contribution to the program of education in the prevention of addiction - Yarmouk University, Irbid, Jordan 1990.
- Psychological Development of the child and the safety at home: Paper in a symposium -Nour Al-Hussein foundation-Amman 1990.
- Motives of suicide in Jordan: A study on suicide notes, presented to the Seminar (the crime and the society). - Public security- Co-Author Captain Bashir Al-Bilbisi-Amman 1989.
- Published the first book of a series called “Conduct” which is a general introduction to human behavior on the individual and social level.
- Practical methods to stop smoking presented on an international day to stop smoking in the Jordanian anti-smoking Society-1995.
- Several papers on addiction, Road Traffic accidents, Child and woman problems, Child abuse, wife battering, Traditional healers, and many other topics.
- Published the second book of Conduct Series on Schizophrenia 2000.
- Published the third book of conduct Series on Depression 2001.
- Hesitation in visiting psychiatrists in the Arab world - presented on the 7<sup>th</sup> of April 2001, which is world health day, addressing mental health as declared by WHO for the year 2001.
- Publication of the fourth book in the conduct series (anxiety) 2004.
- Publication of the fifth book of the series (Slowkiat). (People Problems) 2005.
- Lecture on the phenomena of firearm injuries in weddings – Mutaa University – Karak – Jordan December 2006.
- Avicenna – 1<sup>st</sup> Part – The Arab Journal of Psychiatry (2006). Vol.17.No1. Page 92-105).
- Avicenna – 2<sup>nd</sup> Part – The Arab Journal of Psychiatry (2006). Vol.17. No.2, Page (215 – 232).

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- Publication of the sixth book of the series (Slowkiat). Psychiatric lectures 2007.
- Al-Razi, the first Arab Physician – The Arab Journal of Psychiatry (2007). Vol. 18. No.2 Page (126 – 133).
- Publication of the seventh book of the Series (Slowkiat) (OCD) – 2008.
- Publication of the eighth book of the series (Slowkiat) (AUTSM)-2009
- Mental Health: Book for undergraduate students of social work, published by the Open University of Jerusalem, 2009.
- Forensic psychiatry, the Ninth book of the series (Slowkiat), 2011 – Amman.
- Demetria, the tenth book of the series (Slowkiat), 2017- Amman.
- Translation of Shorter Oxford of Psychiatry to the Arabic language, 2021.

### **PRESENT POSITION:**

**Consultant Psychiatrist - Private Clinic.**

### **Address:**

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